



2025 PNW U14 Speed Camp

Made possible through a PNWSEF Grant!

Dates: February 19-21, 2025

Location: Mission Ridge Ski & Board Resort, Wenatchee, Washington

Events: Speed camp / Super G training progression

Training Run: Skookum

Ages: U14

Event Registration: register online at <https://mrst.sportngin.com/register/form/617778299>

Entry Deadline: Registration will open Jan. 10, 2025 at 8:00am. Camp is limited to the first 100 participants to register.

Camp Cost: \$50 (non-refundable)

Lifts: Athlete tickets are \$60.00 + tax.

Lifts: tickets MUST be purchased online in advance here:

<https://estore.missionridge.com/special-events/products/mrst-ski-race-athlete-tickets>

Mission Ridge has an online ticketing system and tickets must be purchased online in advance. Here are the steps:

1. **Before** Feb. 19: go to above link and purchase your ticket. If you do not have one, you will create an account, upload a photo and sign the online waiver. This will include the purchase of an RFID card that can be re-loaded for future tickets (not just this season). Replacement cards are \$5. We do not recommend trying to purchase online tickets in the parking lot as reception is not reliable. Tickets purchased at the ticket window will dramatically increase wait times – please pre-purchase.
2. On Feb. 19 go to the ticket window and pick up your pre-paid pass. This card will work for future visits.

PNSA Elite Passes will be honored. You must create an account and upload your Elite pass **prior to the first day of the camp** for your pass to scan good at the lift. Waiting to show the pass at the window will slow the process down. Create an account and upload your Elite pass here: <https://estore.missionridge.com/special-events/products/racer-elite-pass>

Coach tickets: Coaches must be USSS registered coaches to receive a complimentary ticket. *Please register on the site listed above (same as athlete registration) to complete the waivers.*

Waivers: athlete waivers will be completed during the registration process.

- **Athlete code of conduct** must be downloaded from PNW site, signed and emailed to pnw@pnwdivision.org

Coaches Meeting – Feb. 18 at 7:00pm via Zoom

<https://us06web.zoom.us/j/87051818897?pwd=DEwHzZP56vGXrdWvpqgbFQhtmEsFbHM.1>



PNW Athlete
Code of Conduct

Gear Bags: The Mission Ridge Lodge has limited room for gear storage, please plan to use your car as your base camp.

Mission Ridge RV Parking Policy: Mission Ridge Ski & Board Resort has an RV Parking Policy that can be found here: <https://www.missionridge.com/rv-overnight-parking/> Advanced reservations are required.

HELMETS ARE REQUIRED. No soft-ear helmets allowed.

Athletes will ski in groups with their team coaches each day working through assigned stations on a provided schedule. You must have a home coach with you or be teamed up with another group prior to arrival. MRST is not able to provide coaching for individuals not associated with a team.

Questions: Contact Lindsay Davisson at ysl@mrst.us / 509-421-2425 or Roger Taggart at roger@mrst.us

Safesport: U.S Ski & Snowboard works to provide a safe environment in which athletes can train and compete, free from abuse and inappropriate behavior. Please review U.S. Ski & Snowboard [Athlete Safety Policies & Guidelines](#), [The SafeSport Code](#), and [Minor Athlete Abuse Prevention Policy \(MAAPP\)](#). If you are an athlete who has experienced inappropriate behavior or know of an athlete who has experienced inappropriate behavior, [CLICK HERE](#) to report a concern. We are all a part of promoting a culture of safety through education, listening and speaking up.



SafeSport Reporting