





Western Region 2024 U14 Spring Project, Palisades Tahoe CA, USA Project Announcement

Project: Western Region U14 Spring Project Palisades Tahoe California **Dates:** (Arrival April 28th) On Snow April 29 – May 2, 2024

Join Zoom Meeting: The first Zoom meeting for coaches and athletes will be Sunday, April 28 @ 7pm, All other daily meetings @ 5pm <u>https://usskiandsnowboard-</u> <u>org.zoom.us/j/86863373463?pwd=bfhoM6LjqEv1a3oYmdLKrvzDP9kAJI.1&from=addon</u> Meeting ID: 868 6337 3463 Passcode: 109102

- **Project Overview:** The purpose of this project is to align a contact point within the Western Region that can assist U14 athletes who are progressing through their divisional competitions, working together in a training environment with other Western Region athletes in this age group.
- **Project Leader's and Staff:** Jeff Pickering USSS; Western Region Development Coach, Jim Hudson; Tahoe Palisades Head U14 Coach, Troy Price; Program Director at Snow Basin, and divisional club coaches. Also, there will be appearances from USST Alumni to share experiences with this upand-coming group of U14 athletes.
- What to expect: An environment that brings top performing U14 athletes and their coaches together for the first time this season, using a World Class venue with focus on speed elements. <u>Project goals</u>: refine and improve tactical & technical aspects, gaining personal confidence as athletes move forward. Training environments are designed to be a progression in GS, SG and Speed elements. We will have 3 women's groups and 3 men's groups led by divisional coaches.
- What to bring: GS & SG equipment (including a back protector), necessary tuning equipment, water bottle, all weather clothing, small note pad, athletic attire, homework and a great attitude!
- **Selection Method:** Upon completion of each division's final qualifier, Divisional Managers will notify Program Directors & coaches of their division's selection. It is the responsibility of each division to assign attending staff. Selection methods are per each division's respective policies. <u>Divisional Managers</u>, please submit your list of athletes to <u>Troy Price</u> no later than April 15, 2024.

Project Size: 45 Women – 45 Men Divisional Quotas: AK = 4 Women – 4 Men FW = 12 Women – 14 Men IMD = 14 Women – 12 Men ND = 4 Women – 4 Men PN = 11 Women – 11 Men

Project Cost: \$300

Please pay fee at <u>www.adminskiracing.com</u>. Includes: Venue build & maintenance, surface preparation and staff expenses Excludes: Lift tickets, travel, lodging, meals and divisional fees

Lift tickets:

IKON Passes will be honored Buy your lift tickets online by Wednesday, April 24 https://book.palisadestahoe.com/Ecomm/Package/Package/9647939/en-US/?packageid=77163&promocode=WRU1424 Athletes should purchase the <u>High School Ticket</u> for \$25.00/day. Family members can purchase the appropriate <u>Parent, Teen or Youth</u> lift tickets. Pre-purchased tickets can be picked up by 7:30am at the main ticket window. No walk-up lift ticket purchase is available at the ticket window.

Lodging Options:

Granlibakken in Tahoe City Available dates are April 27 to May 4. Families have until April 20 to book rooms. Breakfast may be added. Here is a link to the explanation of each room type: <u>North Lake Tahoe Lodging | Granlibakken Tahoe</u> <u>Granlibakken Conference Reservation Form</u>

Village Lodging at Palisades Tahoe:

https://www.inntopia.travel/Ecomm/Package/Package/9801138/en-US/?packageid=77203&promocode=U14

Waiver for non-IKON pass holders:

Signed waiver is required <u>https://ezwaiver.com/pt/</u> Select <u>Activities</u> when filling out the online waiver.

Note to Parents, Athletes and attending Coaches: ALL ATHLETES MUST BE REPRESENTED BY THEIR RESPECTIVE CLUB STAFF OR HAVE MADE ARRANGEMENTS FOR INDIVIDUAL ATHLETES TO JOIN TEAMS THAT ARE ATTENDING. NO EXCEPTIONS. An over-arching theme will be focused on team building and getting to know each other as a Region. This is how we will continue to work and progress successfully now and in the future.

This project is a day camp model: All lodging and transportation will be with parents or clubs. Communication will be critical.

<u>Important:</u> We will be training at the highest point of the mountain. Athletes will be bringing up GS and SG skis daily. Plan on preparing your own lunch, on-hill snacks and water for the hill. We will not be returning to the base area for lunch.

Sincerely, Pick

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