



# Pacific Northwest Ski Association

## A Division of US Ski and Snowboard

### PNW Code of Conduct for Athletes

All PNW competitors at all levels of PNW racing, and when representing PNW as part of an official team or as an individual shall adhere to the following Code of Conduct Policies:

- [US Ski and Snowboard Code of Conduct](#)
- [US Center for Safesport Code/MAAAP](#)
- [Western Region Code of Conduct](#)
- [PNW Code of Conduct](#)
- Individual Member Club Code of Conduct Policies (for your home club)

As an athlete representing PNW, while on a PNW sponsored trip I will:

- 1) Treat fellow competitors, coaches and officials with respect and consideration for their health, safety and emotional well-being.
- 2) Abide by the rules of competition.
- 3) Respect the role of race officials, volunteers, and spectators.
- 4) Respect the guidance of coaches and follow the coaches' directions.
- 5) Refrain from behavior that is disruptive, disrespectful, or damaging to PNW's reputation.
- 6) Dress appropriately and refrain from the use of clothing that contains endorsements for alcohol, tobacco or illegal drugs.
- 7) Commit no criminal acts.
- 8) Refrain from personal cell phone use during team activities
- 9) Refrain from the use of banned substances in racing and training (See USOC list of banned substances).
- 10) Abstain from the use and/or possession of illegal drugs, alcohol and tobacco products.

I understand that if I violate one or more of these codes of conduct during a PNW trip / project I will be subject to punishments ranging from verbal warnings to exclusion from team functions or being sent home at my own expense.

Violations of the Codes of Conduct noted above may give rise to sanctions to be imposed by the competitor's sponsoring organization, PNW, and U.S. Ski & Snowboard. It is PNW's philosophy that immediate resolution of any violation best serves all parties involved. It is the goal of PNW to complete a speedy and factual determination of any violations. Whenever possible an on-site resolution is preferred so that all involved can move forward. None of this should interrupt the need for due process for everyone involved.

[SafeSport violations or concerns are outside of the purview of PNW and should be reported and resolved via the SafeSport on-line system.](#)

By signing my name below, I indicate that I have read, understand, and agree with this code of conduct.

Print Athlete Name \_\_\_\_\_

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_ 1329 Section