



PACIFIC NORTHWEST DIVISION

A DIVISION OF

U.S. SKI & SNOWBOARD AND THE WESTERN REGION



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PNW Alpine Competition Manual

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1 - PACIFIC NORTHWEST SKI ASSOCIATION

Introduction

Ski competitions in the Pacific Northwest, including Oregon, Washington, and Northern Idaho is organized and conducted by the Pacific Northwest Ski Association (PNW). PNW and its' competitions are organized under the guidelines of the International Ski Federation (FIS) and U.S. Ski & Snowboard.

The Pacific Northwest Ski Association was originally developed out of the need for uniformity in all phases of ski competition. PNW works with U.S. Ski & Snowboard in establishing the eligibility and qualifications of competitors, setting standards and certifications for coaches and officials, and organizes clinics and training programs for all skiing disciplines. As a division of U.S. Ski & Snowboard and the Western Region, PNW plays a key role in all U.S. skiing competitions. PNW's competition program is the first step for Alpine and Nordic ski competitors to national and international amateur sports competition. PNW is a non-profit organization (501(c)4) and operates for the benefit of all PNW and U.S. Ski & Snowboard members in the Pacific Northwest Division.

PNW Vision

- A leader in attracting, developing and retaining competitive snow sport enthusiasts in the United States.

PNW Mission Statement

- PNW brings together the Pacific Northwest community to govern, administer, support and grow competitive snow sports in a fun and learning environment.

PNW Values

- Inclusive Everyone has the opportunity to participate.
- Integrity We strive to do the right thing every day, regardless of personal interests or outcomes.
- Collaborative Foster a culture of cooperation among our resorts, clubs, coaches, athletes and officials.
- Community Cultivate fellowship, unity and respect among the snow sports community.
- Accountable Committed to efficiency, effectiveness and transparency in all we do.

Administration

The administration of Alpine and Nordic competition in PNW is the responsibility of the Director's of the competition committees that represent the interests of each athletic discipline. These Directors, in turn, are responsible to the PNW Board of Directors. Each Director of the various skiing disciplines appoints a chairman of the competition committee who appoints various subcommittees to implement policy in their technical areas.

PNW's athletic programs are designed and implemented by professional coaches and administrators as well as an active group of dedicated and knowledgeable volunteers. In addition, PNW has direct input to the policies, procedures, and guidelines of U.S. Ski & Snowboard through PNW'S representation on various national-level committees and subcommittees.

PNW maintains a year-round office to support the needs of PNW competitors, coaches, officials, volunteers, and clubs. The office disseminates important information regarding race schedules, racer qualification and selection to traveling teams, coaches and officials clinics, etc. The office is available to help all PNW clubs and individuals.

2 - PNW / U.S. Ski & Snowboard ALPINE PROGRAM

How To Become A Competitor

Anyone who is interested in ski racing can join U.S. Ski & Snowboard. Once you have made this decision, you can join online at <https://usskiandsnowboard.org/membership>. You can print a copy of the [Alpine Competition Guide](#) and a copy of your license through the [usskiandsnowboard tools](#) link found on the U.S. Ski & Snowboard website. This license allows you to compete in sanctioned PNW / U.S. Ski & Snowboard competitions. A schedule of events is available on the PNW website at [Alpine Calendar \(pnwdivision.org\)](#).

It is also advisable that you join a local ski club or training program that prepares racers for U.S. Ski & Snowboard competition. Such programs exist at most ski areas around the Pacific Northwest, and help in scheduling, on-snow training, physical conditioning, travel arrangements and many other benefits. The PNW office will have information on programs in your area, and they are available on the PNW website at [Alpine Clubs – \(pnwdivision.org\)](#)

If you are 11 years of age or younger, you will be joining a Youth Ski League (YSL) program (also known as Buddy Werner / Mitey Mite programs). These are "learn-to-ski-race" programs that teach the basics of ski competition and technique. Racers 12 -20 years old join the Junior level of racing. This is the "classification" level that ranks racers in the United States. Also, any racer 21 years and older may join the PNW Masters racing program.

If your aspirations are to become the best racer you can be, even compete at international and Olympic races, then you should join U.S. Ski & Snowboard / PNW. U.S. Ski & Snowboard / PNW racers are the only racers recognized by the United States Ski Team, the International Ski Federation, and the US Olympic Committee.

Competitor Classification

There are three types of *competition classifications* in PNW / U.S. Ski & Snowboard racing: Age, Ability and Masters. Age classification (U8 - Senior) races are based on age classes / groups of athletes, whereas Ability classification races are based on rankings in the National Points System (U14 – Senior). Masters' classification races are for the 21 and older athlete who seek recreational competition without scoring to the National Points System. The three types of competitions are further defined below.

Age Classification (Age-Class) Racing

Age Classification is based on your age as of December 31st of each season. Competitions of this type are open to all athletes who meet the age-class criteria for the event.

SR Ages 21 and older (born 2002 or earlier)

U21 Ages 18-20 (born 2003, 2004 or 2005)

U18 Ages 16 and 17 (born 2006 or 2007)

U16 Ages 14 and 15 (born 2008 or 2009)

U14 Ages 12 and 13 (born 2010 or 2011)

U12 Ages 10 and 11 (born 2012 or 2013)

U10 Ages 8 and 9 (born 2014 or 2015)

U8 Ages 7 and younger (born 2016 and later)

NOTE: Racers should check with their local program, or with their local office regarding details or exceptions that may apply. Some regions and divisions may recognize other age categories below the U8 class for awards

Youth Ski League – Buddy Werner

These competitions are for the youngest athletes – ages 5 to 11 (U8-U12). They offer a fun introduction to ski competitions for the beginning racer.

Evergreen Cup

This is the development level of PNW racing and is open to all U14-Senior competitors. Athletes are introduced to the National Points System to handicap and rank them among other racers in the United States

U14 Series

PNW's Series for athletes entering Junior Competition at the U14 age who are interested in qualifying for the Western Region U14 Championships. The U14 Series is a season long series consisting of 3 SL / 3 GS and 3 SG races. The series also serves as a pipeline to the final NW Cup race of the year for the top 20 men and 20 women in the season long series.

Northwest Cup/U16 Series

This is PNW's premier level of U.S. Ski & Snowboard divisional racing and is open to U16 and older. The Northwest Cup series serves as the divisional trophy series, crowning the division's overall champions as well as team champions in the U16 and U18/21 age classes. The Northwest Cup is the elite level in the PNW, from which racers qualify for regional, national, and foreign FIS competitions by improving their ranking in the National Points system.

U.S. Ski & Snowboard / PNW Competition Ladder

Below is a brief outline of the various FIS / U.S. Ski & Snowboard / PNW competition levels:

FIS / U.S. Ski & Snowboard / Ability Class

<u>FIS International:</u>	Olympic Games, World Championships, World Cup, Continental Cup
<u>U.S. Ski & Snowboard National:</u>	NorAm Series, U.S. Senior & U16 & U18 Nationals, Collegiate (NCAA & USCSA)
<u>U.S. Ski & Snowboard Regional:</u>	Regional FIS & Regional Championships (U21, U18, U16 & U14)

Age Class

<u>PNW:</u>	Youth Ski League/Mitey Mite (U12 & younger) Buddy Werner Championships (U12 only), Evergreen Cup (U14 & older), U14 Series (U14 Only), NW Cup/ U16 Series (U16 and older)
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PNW / Masters Racing - Recreational

There are 12 Classes of Master Racers with each Class based on age as of December 31st of each year:

Class 1 →	21-29	Class 5 →	45-49	Class 9 →	65-69
Class 2 →	30-34	Class 6 →	50-54	Class 10 →	70-74
Class 3 →	35-39	Class 7 →	55-59	Class 11 →	75-79
Class 4 →	40-44	Class 8 →	60-64	Class 12 →	80 and over

PNW / U.S. Ski & Snowboard Nordic PROGRAM

Competitors

Most races in PNW are open to skiers of all abilities. If you have never raced and want to give it a try, choose a race, sign up, and go for it! That's how most of us got started. It's a great way to challenge yourself, have fun, and meet new friends. You can find information about races and how to enter them on the PNW race calendar ([Nordic Calendar - \(pnwdivision.org\)](https://pnwdivision.org)), from the host club, or perhaps from your own ski club.

A U.S. Ski & Snowboard membership is required to enter any U.S. Ski & Snowboard race. See the next chapter of this manual for information about memberships. During the 2023 – 24 season there are four U.S. Ski & Snowboard meets in the PNW division:

the Sunnyside Challenge at Mount Bachelor, Dec 16 – 17, 2023

the Teacup / Mt Hood Races, Jan. 6 – 7, 2024

the Methow Valley JNQ at Winthrop, WA, Feb. 3 – 4, 2024

and the Mount Spokane Nordic Cup at Mount Spokane, WA, February 17 – 18, 2024.

Other than the four meets listed above, you do not need to be a member of PNW or U.S. Ski & Snowboard to enter most cross-country races in the PNW division. These races are the responsibility of the host club, which determines entry requirements and fees. (see [Club / Local Race Calendar - \(pnwdivision.org\)](https://pnwdivision.org))

Even if you do not need a PNW and U.S. Ski & Snowboard membership to enter the races in which you plan to compete, please consider joining these organizations: your membership and your dues will support racing in PNW (especially junior development) and in the entire USA.

If your aspirations are to become the best racer you can be, and even to compete at international and Olympic races, then you should join U.S. Ski & Snowboard / PNW. U.S. Ski & Snowboard / PNW racers are the only racers recognized by the United States Ski Team, the International Ski Federation, and the US Olympic Committee.

Competitor Classification

In U.S. Ski & Snowboard races junior competitors are grouped by their age on December 31 of the current season. Non-U.S. Ski & Snowboard races are free to use any categories that they prefer, but they often use the U.S. Ski & Snowboard brackets as well. U.S. Ski & Snowboard uses the “U”- system with 2-year brackets. For example, U16 in the 2023 - 2024 season means that the racer was born in 2008 or 2009 and is 14 or 15 years old on December 31, 2023.

Cross Country Age Classes

Category	Age	Year of Birth
Master	30 and older	1993 and earlier
Senior	20-29	1994 through 2003
U20	18-19	2004 and 2005
U18	16-17	2006 and 2007
U16	14-15	2008 and 2009
U14	12-13	2010 and 2011
U12	10-11	2012 and 2013
U10	8-9	2014 and 2015
U8	6-7	2016 and 2017
U6	5 and younger	2018 and later

NOTE: Age is based upon the year an athlete was born regardless of the date of birth. The competition season is from July 1, 2023 to June 30, 2024.

Coaches, Officials, and Volunteers

In addition to racing memberships, U.S. Ski & Snowboard offers special memberships and resources for alpine and cross-country coaches, race officials, and volunteers. U.S. Ski & Snowboard offers training and certification for coaches and officials, as well as insurance and other benefits for all three categories. For details see the U.S. Ski & Snowboard alpine officials page <https://usskiandsnowboard.org/sport-development/officials-development/alpine-officials>; the cross-country officials page at <https://usskiandsnowboard.org/sport-development/officials-development/nordic-officials-judges> as well as the membership page at <https://usskiandsnowboard.org/membership>.

If you enjoy alpine or cross-country skiing and racing, please consider getting involved as a coach, an official, or a volunteer at a PNW race. Coaches will benefit from getting a U.S. Ski & Snowboard Level 100 Coach Certification. Race organizers will benefit from you becoming a Level 1 Technical Delegate. (The Technical Delegate is U.S. Ski & Snowboard's representative to a U.S. Ski & Snowboard race, but Technical Delegate training also provides lots of information for race organizers on how to put on a successful event). All will benefit from helping put on events that bring out the best in all of us.

3 – U.S. SKI & SNOWBOARD / PNW ALPINE MEMBERSHIP AND LICENSING

U.S. Ski & Snowboard Membership

PNW requires all its members to join U.S. Ski & Snowboard. The process to purchase a membership can be found on the [U.S. Ski & Snowboard website](#) or the [PNW website](#). All U.S. Ski & Snowboard memberships are valid for one competition season (July 1 – June 30), and must be renewed on an annual basis. The various types of U.S. Ski & Snowboard memberships are listed below.

U.S. Ski & Snowboard Competition Licenses

See matrix at the end of this chapter for all U.S. Ski & Snowboard memberships and pricing

Youth/General Membership: Age 0 - 17

The U.S. Ski & Snowboard general membership is a great option for your athlete to train with his/her club throughout the season. However, the general membership does not allow for competition in U.S. Ski & Snowboard sanctioned events.

Non-Scored Athlete Membership: Age 14 - 24

The Non-Scored Athlete membership provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional, and national level. However, as the name implies it does not include access to the U.S. Ski & Snowboard points list.

Competitor Membership

The U.S. Ski & Snowboard Competitor membership includes participation in U.S. Ski & Snowboard sanctioned events and scoring to the national points list for scored events. You may upgrade your child to a competitor membership for his/her age class by calling Member Services on 435.647.2666. The \$30 paid for the general membership and any applicable division dues will be applied to the upgrade. Additional division dues may apply.

Alpine Competitor U12 & under: AGE 0-11

Alpine Competitor U14: AGE 12-13

Alpine Competitor U16 & over: AGE 14 and over

Alpine Adaptive Competitor: Age 0 - 100

The adaptive athlete membership is available to athletes of all ages who are competing in U.S. Ski & Snowboard Alpine or Adaptive Alpine events for national points. FIS license required for Alpine FIS events and IPC license required for IPC sanctioned events.

Alpine Master: Age 18 & over

The U.S. Ski & Snowboard Masters membership gives alpine athletes over the age of 18 access to alpine master's events, including Master's Championships and its qualifying events. This membership is perfect for adult athletes who are interested in competing with other adults domestically. Required for alpine masters FIS registration.

Alpine Master w/Requirements: Age 18 & over

The U.S. Ski & Snowboard Masters membership gives alpine athletes over the age of 18 access to alpine master's events, including Master's Championships and its qualifying events. This membership is perfect for

adult athletes who are interested in competing with other adults domestically. Required for alpine masters FIS registration. Applicable for those in a position of authority over athletes or in regular contact with athletes.

Short-Term Membership: Age 0-17

U.S. Ski & Snowboard short-term memberships are designed for those 17 and under who wish to participate in a single event. Short-term memberships are available for all sports. Does not include access to the U.S. Ski & Snowboard points list.

Short-Term Alpine Master: Age 18 & Over

Does not include access to U.S. Ski & Snowboard points list.

Short-Term Membership Guidelines:

- Short-term memberships are \$35 per day and may be purchased for up to five consecutive days
- Limit of one short-term membership purchase permitted per person per season
- Additional participation will require an upgrade to regular membership
- The amount previously paid for the short-term memberships will be applied towards the upgrade during the same season.

If you are still unsure of which membership to purchase, please contact your child's coach or club for directions. Or contact Member Services:

Email: membership@usskiandsnowboard.org

Phone: 435-647-2666

U.S. Ski & Snowboard Coaches, Officials & Volunteers Licenses

Coach

[U.S. Ski & Snowboard Coaches membership](#) is required for a coach to be a course setter or member of the Jury at an U.S. Ski & Snowboard-sanctioned competition. U.S. Ski & Snowboard Coaches membership ensures all PNW member coaches have completed a Background Check, Safe Sport and Avalanche training.

Official

U.S. Ski & Snowboard Officials membership is required to serve as a member of the Jury at any U.S. Ski & Snowboard-sanctioned competition, or in the positions of Start/Finish Referee, Chief of Course, Jury Advisor, Chief of Timing and Calculations, and Race Administration. There are specific certifications for the different positions. U.S. Ski & Snowboard Officials membership ensures all PNW member officials have completed a Background Check, Safe Sport and Avalanche training. Further information can be found on the [U.S. Ski & Snowboard Officials membership website](#).

Alpine Club Volunteer

The U.S. Ski & Snowboard Club Volunteer membership is designed for Board of Directors, parents and club volunteers who undertake a leadership role in U.S. Ski & Snowboard clubs, divisions, regions, competitions and club training sessions. This membership is a good stepping-stone to becoming a U.S. Ski & Snowboard Coach or Official and is fully upgradeable during the season. Not eligible for official's certifications. Applicable for those in a position of authority over athletes or in regular contact with athletes. Further information can be found on the [U.S. Ski & Snowboard Alpine Club Volunteer website](#).

PNW Alpine Membership

PNW offers the following memberships, which are paid when joining U.S. Ski & Snowboard:

U14 & older: \$50 U12 and younger: \$25 Masters: \$25 NWCSC Members: \$20

Coach: \$25 Officials / General / Volunteer: \$5

Club Membership

U.S. Ski & Snowboard: Clubs sanctioning races with U.S. Ski & Snowboard must join U.S. Ski & Snowboard as club members. There are many benefits to the club, including liability insurance for U.S. Ski & Snowboard-sanctioned competitions. To enroll your club, go to [U.S. Ski & Snowboard Club membership](#), or [contact U.S. Ski & Snowboard](#) for further information.

PNW: Club membership is required of any club wishing to attend the PNW Buddy Werner Championships. Also, clubs must join PNW to be eligible for team standings in any PNW race series. To be eligible for PNW Club membership and to send a team to the Buddy Werner Championships, a club must be duly organized by the due date for PNW club dues (\$130) (Dec. 31st), have by that date at least fifteen (15) members, and the club must be in good standing with PNW. See the [PNW website](#) for further information and club membership form.

U.S. Ski & Snowboard Membership Pricing 2023-24

These prices do not include PNW membership dues, nor the additional fee to purchase a [FIS license](#).

PNW Membership:

U14 & older: \$50 U12 and younger: \$25 Masters: \$25 NWCSC Member: \$20

Coach: \$25 Officials / General / Volunteer: \$5

Alpine Category	Age Parameters	Notes	Base Price
General Member	17 & under	USCSA/High School/Club Participant - <u>Not eligible</u> to compete in U.S. Ski & Snowboard sanctioned events	\$35
Non-Scored Athlete	14-24	USCSA/High School/Club Participant - Eligible to compete in U.S. Ski & Snowboard sanctioned events. <u>No access</u> to National Points system.	\$100
Competitor U12 & Under	11 & under	Competes in US Ski & Snowboard alpine or YSL events.	\$100
Competitor U14	12 & 13	Competes in US Ski & Snowboard alpine or YSL events	\$125
Competitor U16 & over	14 & over	Required for FIS registration	\$200
Short Term Youth Athlete Membership	0 - 17	Competes in US Ski & Snowboard Alpine Events. Limited to 1 event per season. Event up to 5 consecutive days	\$35/day
Adaptive Competitor	0 – 100	Adaptive athlete competing in US Ski & Snowboard events	\$80
Masters' w/Requirements	18 & over	Masters who is in regular contact with minor athletes.	\$150
Masters	18 & over	Participates in US Ski & Snowboard Alpine Masters Event	\$135
Short-Term Alpine Master	18 & over	Competes in US Ski & Snowboard Alpine Masters Event.	\$35/day
Coach	18 & over	Periodic background screening and SafeSport required	\$150
Junior Coach	15 – 17	Individual coaching athletes at the club level and / or at US Ski & Snowboard Alpine events.	\$75
Official	18 & over	Periodic background screening and SafeSport required	\$80
Club Volunteer	18 & over	Periodic background screening and SafeSport required	\$65

4 - PNW / U.S. SKI & SNOWBOARD COMPETITIONS

PNW provides opportunities for skiers of all ages to compete in various race programs and series. These programs and series are designed to give all athletes an avenue of advancement towards national and international competitions. A complete list of races and race dates can be found on the [PNW website](#).

PNW Youth Ski League Racing

Mission

PNW Youth Ski League (YSL) programs provide skiers aged eleven (U12) and younger an opportunity to train for, and compete in, local races. In addition, active participation should prepare athletes for advancement to U14 racing.

Philosophy

PNW YSL programs introduce children 11 and younger to the sport of ski racing. The philosophy includes, but is not limited to:

1. PNW YSL racing is fun! Coaches, parents, and race organizers need to insure that, in every endeavor, fun is paramount.
2. PNW YSL racing is inclusive. Participation is recognized and rewarded. Race fields are maximized to include all athletes who have the desire to participate.
3. PNW YSL racing should teach life skills. Through training and competition, coaches should use opportunities to teach positive values of sportsmanship, cooperation, preparation, physical fitness, nutrition, and other applicable social and personal skills.
4. PNW YSL racing achievement is development based. Performance is rewarded while attention should be paid to long-term skill development.
5. PNW YSL regular-season racing is age-class competition. Athletes compete against their respective age classes and are rewarded for achievements amongst their respective age group.
6. PNW Buddy Werner Championships is an age-class YSL championship event (U12 only) that recognizes individual performance and team achievement.

New Rules

1. **Waxing** – No waxing solution can be applied at a competition venue. Additionally, the use of ski preparation benches is not allowed at a competition venue.
2. **Skis** - U12 and younger athletes should limit skis based upon the recommendations in the Alpine Training System and the Course Setting matrix.
U12 - Two Pairs (SL/GS), length ski/size appropriate. Can only use one pair per race (inspection and competition)
U10 – One Pair (multi-event), length ski/size appropriate.
3. **Rule Enforcement** – With the new rules for waxing and skis, due process is the duty of each respective Race Operating Committee (ROC). It is the YSL Chairperson's recommendation that each ROC considers a post-race disqualification (DSQ) vs. a Denied Start (DS) to allow the ROC jury adequate time to assess any potential violation/disqualification.

Licensing

A U.S. Ski & Snowboard Competitor (U12 or U10 and younger) or Temporary license is required for participation in U.S. Ski & Snowboard-sanctioned PNW YSL events. **Second year U12 competitor members of any PNW club must purchase a US Ski and Snowboard Alpine competitor license to compete in races outside of home club races.**

PNW Buddy Werner Championships

A PNW club hosts the Buddy Werner Championship (BWC) each year. PNW Buddy Werner Championships is an age-class YSL championship event (U12 only), sanctioned with US Ski and Snowboard, that recognizes individual performance and team achievement. All participants must be members of US Ski & Snowboard (see eligibility rules below).

Primary Goals and Mission

1. The purpose of the Buddy Werner Championships ski race is to provide:
 - a. A divisional team championship event for U12s
 - b. A divisional individual championship event for U12s
 - c. An exciting and fun event to help U12s transition to U14 & Jr. racing
2. The event focus shall be:
 - a. The execution of high quality and fair races
 - b. The acknowledgement of team and individual participants
 - c. The acknowledgement of team and individual performances

Competition

1. The BWC shall consist of three consecutive days of racing each spring. One day will be Skills Quest, one Slalom and the third Giant Slalom. The BWC will be sanctioned with U.S. Ski & Snowboard. All competitors must be licensed with US Ski and Snowboard (U12 license), purchased by Feb. 1 of the competitive season.
2. The Skills Quest portion will not count toward BWC overall awards – individual or team. Concerning the execution of the Skills Quest event:
 - a. The four Phase Two skills will be tested if conditions allow.
 - b. As few as two skills can be tested if conditions make the other two skills difficult to implement
 - c. If some Phase Two skills cannot be tested, it is allowable to test Phase Three and Four skills from only one of the four skill sets (pressure, edging, rotary, balance)
 - d. The ROC should have a contingency plan for SQ if the forecast predicts difficult snow conditions.
 - e. The ROC shall proactively plan a SQ schedule to minimize waiting at each station during SQ
3. Separate courses shall be provided for boys and girls.
4. Existing U.S. Ski & Snowboard / PNW rules for organizing, officiating, and racing shall apply to this event. Separate officials / crews will be used for boys' and girls' courses. This includes two separate TDs.
5. The course regulations will be according to U.S. Ski & Snowboard rules for U12s.
6. Awards are presented daily for individual performances based on finish order. The following awards shall be given out: top 10 for each gender in each event (SL, GS and SQ); overall – top 5 for each gender; team awards – top three teams of each gender and top three overall teams.

Event Enhancement

To make the BWC a special event, organizers may opt to include the following:

Event program	Team photo
Team meal plan	T-shirt and sweatshirt sales
Athlete souvenirs	Banquet

However, organizers must strive to achieve the primary goals of the Buddy Werner Championships before incorporating additional event components.

Eligibility

1. Any PNW member, who is a U12, is a member of a PNW club or team, and has participated in local events as a member of that club or team, is eligible to compete in the BWC. All athletes participating in the BWC must have a US Ski and Snowboard License. The license must be purchased by Feb. 1 of the competition season. Foreign athletes who join U.S. Ski & Snowboard (membership number preceded by an "X") must pay their PNW membership dues directly to the PNW office to be eligible for the BWC.
2. Only organizations affiliated with U.S. Ski & Snowboard / PNW by January 1 of the appropriate year will be eligible to enter teams in the BWC.
3. Each PNW club in good standing may enter one team with as many members as their Program Director deems appropriate.
4. A substitute may take the place of another athlete of their club due to injury or other unforeseen circumstance. The change must be made prior to the Team Captains meeting on Friday. The replacement athlete must take the exact seeding position of the original participant. The other seeds will remain unchanged.
5. The host organization can make the decision to have athletes register on-line or by team entry.
6. The Head Coach for each club competing shall submit a competitors list to the PNW Office by March 1.
7. The host organizer shall set the registration deadline.
8. The Head Coach for each club competing is required to be a U.S. Ski & Snowboard member with a Coach license and have a PNW Membership.
9. No racers from out of division, out of region or foreign countries (except those that have joined U.S. Ski & Snowboard & PNW) will be allowed to enter the BWC. Only PNW registered clubs may enter.
10. An official list of PNW clubs eligible to enter the BWC shall be posted on the PNW website by January of each year.

Seeding

1. The BWC will have 8 seeds. Seeds 1-7 will contain one member from each team, seed 8 will be all others entered.
2. The Head Coach for each club competing will submit their top seven U12 athletes plus two alternates per gender to PNW by March 1 of each year by seed. If some clubs do not have seven athletes to fill their quota, the remaining spots will be given to the eighth seed athletes by a random draw. If additional spots remain open, the ninth seed will be randomly drawn until we reach the allowed quota.
3. The second run will be "bibbo" in accordance with U.S. Ski & Snowboard rules (flip 30 unless modified by the Jury).

Scoring

1. First and Second run times will be added together to determine the athlete's time for the race.
2. Each athlete will be awarded place points in all contested events except for Skills Quest. The fastest time shall be awarded 1 point, the second fastest 2 points, the third fastest 3 points, and so forth. All competitors that DNS, DSQ or DNF will be awarded one more point than the total number of competitors that finished both runs. (If there are 45 athletes that completed both runs then the DNS, DSQ and DNF athletes will receive 46 points.)
3. Team scoring in each event shall be determined by adding the Place Points together for the first 3 finishers of each team.
4. In the case of a tie in any event, the fourth-place team member's Place Points will be used to break the tie. If there is a tie for all events combined, the fourth team member in all events will be added up to break the tie.

5. In the event of a tie of times for any position, the Place Points will be added together for all athletes with the same time and divided equally. For example, if there is a 2-way tie for 7th position, points for 7 & 8 will be added together and divided by 2 ($7+8= 15/2= 7.5$ Place Points each).
6. In case of a tie for the BWC individual overall awards, the tie will not be broken. If it becomes necessary to break a tie for selections or other purposes, total race points from the contested races will be used.

The Organizer

1. The location of the BWC shall rotate annually by zone.
2. The sponsoring host team shall be responsible for the proper organization, course preparation, appointment of officials (other than the TD which shall be appointed by PNW, and the Referee who will be appointed by the TD), scoring calculations and other requirements of the event.
3. The sponsoring host team shall schedule the date for the event and set the entry fees, to be included on the PNW race calendar.
4. Host organization will send the following race results to PNW within 3 days of completion of the event: Men, Women and Overall Team Standings; Men & Women Individual Standings

The Committee

1. The YSL Working Group shall hold two meetings during the year. One at the Championships weekend with the participation of one representative of each club/team entered in the event, and one at the PNW Annual Convention.
2. Recommendations for furthering and improving the program shall be discussed and developed at these meetings.
3. Bid forms shall be available from the ACC Chair prior to the ACC Spring Meeting. The BWC venue shall be voted on and awarded by the ACC Calendar committee and ACC Board during the summer preceding each race season

For further information regarding YSL /Mitey-Mite racing in the Pacific Northwest or the Buddy Werner Championships, please [contact the PNW Office](#).

PNW U14 Series

The PNW U14 Series is combined with, and run as a sub-series of, the Evergreen Cup series.

U14 Series #1, #2, and #3 are the races used for U14 qualification to the WR U14 Championships. Evergreen Cup Finals/U14 Series #4 is part of the overall U14 Series and will be used to pick the final U14's eligible to compete at Northwest Cup Finals. WR U14 Championship team members automatically qualify to compete in the Northwest Cup Finals. Additional U14 athletes will qualify for Northwest Cup Finals based on results from the season long series and the Evergreen Cup Finals/U14 Series #4. Up to 20 men / 20 women U14's will be eligible to race at Northwest Cup Finals.

The objective of the PNW U14 qualification series is to allow all U14 racers within the division to come together with minimal travel and cost while allowing sufficient training time at home to build strong technical skills. See [Chapter 9](#) for full rules on how the qualification series are conducted, and how athletes are ranked for selection to the Western Region U14 Championships. All U14 competitors must have a U.S. Ski & Snowboard Competitor or Temporary license.

The organizing club will provide awards to at least 3rd place, based on final ranking of athletes in each individual race.

PNW U16 Series

The PNW U16 Series is combined with, and run as a sub-series of, the [Northwest Cup](#) series.

The PNW NW Cup Series #1, #2 and #3 are the races used for U16 qualification to the WR U16 Championships. The objective of the PNW U16 series is to allow all U16 racers within the division to come together with minimal travel and cost while allowing sufficient training time at home to build strong technical skills. All U16 competitors must have an U.S. Ski & Snowboard Competitor or Temporary license.

The organizing club will provide awards based on final ranking of U16 athletes in each individual race, to at least 3rd place. This is in addition to overall Northwest Cup awards for the race day.

U16 Series Awards

- **Individual series awards:** Will be calculated using new World Cup points awarded to the top 30 places (see Appendix 2) at each of the NW Cup series races – DH races and Temporary license holders excepted. Non-U16 and non-PNW-division U16 competitors will be purged from all individual scoring in the U16 series. Overall and discipline titles will include points earned from all contested events.

PNW announces U16 overall titles and discipline titles (SL, GS, SG) at the NW Cup Finals.

- **Team series awards:** Will be calculated using the same New World Cup points that are assigned to the individual awards. However, team points will be determined by summing only the points of the best four men and the best four women from each team for a race that is scored. Non-U16 and non-PNW-division U16 will be purged from all team scoring. The team scoring the highest total points will be crowned as Overall Team. Team awards will be announced for the top 3 teams per gender and overall.

Seeding

Seeding of the U16 series will be by National points. National points will be scored at all U16 races.

Evergreen Cup Races

The [Evergreen Cup](#) is the development level of racing for the PNW division. The Evergreen Cup is open to all Junior-age competitors, U14 through Senior. Every geographic region throughout the PNW tries to host several Evergreen Cup races to help keep travel, time, and expense to a minimum. To be eligible to compete in the Evergreen Cup races, the racer must be a member of U.S. Ski & Snowboard and have a U.S. Ski & Snowboard U14 or older Competitor or Temporary license. Evergreen Cup races will be seeded by National points.

Awards

The organizing club will provide, at the minimum, PNW Evergreen Cup awards as follows:

Overall: 1st – 3rd U14: 1st – 3rd

Race organizers may choose to add additional awards at their discretion.

At the U14 qualification races which are Evergreen Cup Races, awards will be based on final ranking of athletes in each individual race, to at least 3rd place.

Northwest Cup Series

Every season, PNW stages a World-Cup-type competition for the top racers in the Northwest. This race series, known as the Northwest Cup, is the elite race circuit of the division. Races counting for the Northwest Cup overall award are indicated on the [PNW calendar](#). In addition to being elite divisional races, they are also used as qualifiers for the Western Region Championships for U18/21 & U16 and other major regional, national, and international events. Northwest Cup races will be seeded by National points.

Eligibility

All Northwest Cup events are open to U16 and older competitors, with an exception for the NW Cup Finals SL and GS, which are also open to the U14 Series invitees. U16s **are not allowed** to enter NW Cup speed races where the vertical drop exceeds the maximum allowed for the U16 age class. The PNW ACC will monitor all Northwest Cup race results. All competitors, except CAN athletes, must have a U.S. Ski & Snowboard Competitor or Temporary license to compete in NW Cup races.

Awards

The organizing club will provide NW Cup overall awards based on final ranking of athletes in each individual race, to at least 3rd place. In addition, U16 age group will be given awards of at least 1st – 3rd place per gender.

Season-long Scoring

Individual Titles

PNW announces overall titles and discipline titles for individuals from the season-long Northwest Cup series. New World Cup points (see appendix 2) are awarded to the top 30 finishers at each NW Cup race. Overall and discipline titles will include points from all contested events.

Team Title

The overall team title is awarded to the team that accumulates the most individual World Cup points during the season-long series as described above. Only the results from a team's top 4 male athletes and top 4 female athletes per race will be counted in the scoring.

Western Region Race Series

The Western Region of U.S. Ski & Snowboard comprises the 5 divisions in the West; Alaska, Northern (Montana, North and South Dakota, central Wyoming), Intermountain (Utah, western Wyoming and southern Idaho), Far West (California and Nevada), and the PNW (Washington, Oregon, and northern Idaho). The Western Region offers the first levels of FIS competition to PNW's top racers.

From these regional races, competitors can qualify for national / international events such as the U18 Nationals, Nor-Ams, and U.S. Nationals. The Western Region also conducts U14, U16 and U18/21 Championship events for top competitors within those age-classes.

For more information on selections and quotas to Western Region races, see PNW Selection Procedures later in this manual and [PNW Quotas](#) in the Appendix.

Western Region U14

Each of the three Regions of U.S. Ski & Snowboard will conduct their own U14 Championships. The Western Region U14 Championships is an event for racers ages 12 & 13 from the 5 divisions of the Western Region. The event rotates each year among the divisions, and consists of Super G, Giant Slalom and Slalom races, plus a Skills Quest component. Only U14 age competitors are eligible to participate. See the [Western Region Policies and Procedures](#) manual for full details and quotas. See [Chapter 9](#) in the PNW Competition Manual for qualification and selection rules.

Western Region U16 Championships

Each of the three Regions of U.S. Ski & Snowboard will conduct their own U16 Championships. The U16 Championships is a championship event for racers ages 14 & 15 from the 5 divisions of the Western Region. The event rotates each year among the divisions, and consists of Super G, Giant Slalom and Slalom races. Only U16 age competitors are eligible to participate. See the [Western Region Policies and Procedures](#) manual for full details and quotas. See [Chapter 9](#) in the PNW Competition Manual for qualification and selection rules.

Western Region U18/21 Championships

The Western Region U18/21 Championships is a championship event for racers age 16 thru 20 from the 5 divisions of the Western Region. The event consists of Super G, Giant Slalom and Slalom races. See the [Western Region Policies and Procedures](#) manual for full details and quotas. See [Chapter 9](#) in the PNW Competition Manual for qualification and selection rules.

Western Region FIS Racing U18 and older

The Western Region Cup Elite FIS Series consists of four major events throughout the season. Tech blocks consisting of two SL and two GS are scheduled in December, January and February. The Spring Series consisting of two GS/SL and two DH/SG in early April makes up the final events. This is the highest level of regional racing and is the platform from which racers move on to U18 Nationals, NorAm races, the U.S. Nationals, and out-of-country international competition. Athletes qualify for the Western Region Cup through the Western Region Wrangler Cup Devo Series. See the [Western Region Policies and Procedures](#) manual for full details and quotas.

The Western Region Wrangler Cup FIS Devo Series is an entry-level FIS series. Open series races begin in December and run through March. Outside of the speed block, all races in the series consist of 2 SL / 2 GS. The January speed block serves as a qualifier for the U18 National Championships. Each division has a quota to the Wrangler Cup Series and athletes will qualify out of these races to the Western Region Cup Elite FIS Series. See the [PNW calendar](#) for race dates and locations and the [Western Region Policies and Procedures](#) manual for full details and quotas.

Major U.S. Ski & Snowboard Competitions

U.S. Alpine Championships

Once each year the top racers in the United States come together for about eight days to compete for national titles in alpine ski racing. Racers from the U.S. Olympic Team, the U.S. Ski Team, top collegiate racers and the best regional racers are all in attendance. For many young racers this is the opportunity to prove themselves against the country's best.

Nor-Ams

The Nor Am series is the premier race circuit in North America, paralleling the Europa Cup Series in Europe. These races are the final step to the World Cup, skiing's top level of international racing. Top racers from the United States and Canada, as well as foreign racers from outside North America, compete each year for the Nor Am title. The events are held both in the United States and Canada and include races throughout the winter season.

U18 Nationals, U16 Nationals

The U18 Nationals and U16 Nationals bring together the best 16-17- and 14-15-year old's (respectively) in the USA. Each region selects its athletes via their own qualification races. These National events move around the country, providing all athletes exposure to new and challenging venues. See the [Western Region Policies and Procedures](#) manual for full details.

PNW College Racing

United States Collegiate Ski and Snowboard Association

The United States Collegiate Ski and Snowboard Association (USCSA) operates from coast to coast through five (6) regions (East, Midwest, Mid-Atlantic, Southeast, West, and California), each further divided into 11 conferences (Southern California, Northern California, Northwest, Rocky Mountain, Grand Teton, Midwest, Mideast, East, Southeast, Allegheny, and New Jersey).

Northwest Collegiate Ski Conference

The conference consists of the following institutions:

College of Idaho	University of Idaho
University of Oregon	University of Puget Sound
University of Washington	Washington State University
Oregon State University - Cascades	Whitman College
Gonzaga University	University of British Columbia

Any other institution located in the states of Alaska, Washington, Oregon, or Idaho and British Columbia, Canada, may join the NWCSC by contacting Rachel Urban for the proper steps to USCSA and NWCSC membership. Northwest Collegiate Ski Conference Email: northwest_coordinator@uscsa.org
USCSA Web Site: www.uscsa.com NWCSC Website: <https://www.uscsanw.org/>.

PNW Quota and Entry to NWCSC Events

The NWCSC invites qualified non-collegiate PNW athletes to compete in each of the conference qualifying races. Interested PNW men and women must complete a NWCSC Intent to Compete Form (located on the PNW website) and send it to the PNW Office.

The PNW Alpine Competition Executive Committee will review the applicants and invite a maximum of 5 men and 5 women (U16 & Older age classes) to each of the qualifying races. PNW athletes will be entered as a team - one racer in each of the five seeds.

All eligible PNW athletes, who wish to be considered in the selection for the PNW quota to the NWCSC qualifying events, must declare their intent at least 5 days prior to the 1st Team Captains meeting of that event. Athletes, who declare their intent and are duly entered, and then do not start, may be denied participation in further NWCSC qualifiers for the remainder of the current season and the following year.

The NWCSC will also invite the race organizing host/junior race program to enter athletes: 5 men and 5 women (U21 age class). They will also be entered as a team, one racer per seed. If the hosting club does not fill their allocation, the college teams will be able to enter their team alternates.

Entry Fees

PNW racers will be charged \$25.00 per day to compete. Competitors must be represented, and fees MUST be paid in full at the Friday night team captain's meeting prior to racing.

Competition

All competitions sanctioned by the NWCSC are to be conducted under USCSA rules. The USCSA rulebook is the governing body for collegiate ski racing in the northwest

Race Calendar

For Race Calendar and Race information please see the [PNW website](#)

Scheduling

The NWCSC will mail out race bid information to perspective ski areas/clubs in the northwest that have an interest in hosting such an event. The bid must be returned to the NWCSC Conference Coordinator by April 15 of each year (northwest_coordinator@uscsa.org). The conference coordinator will meet with interested parties at the PNW Convention to solidify the dates and arrangements.

Proposed schedules should be drawn up prior to the annual PNW Convention. Confirmation of competition dates and their details shall be made at the NWCSC annual fall meeting (the first Saturday of October) or by email.

5 - RULES GOVERNING PNW COMPETITIONS

Entry Fees

Race entries must be made as indicated on the Race Announcement; full entry fees must accompany all entries. You may enter only one race series per day. Entry in more than one race series scheduled on the same day will result in forfeiture of all entry fees and may result in disciplinary sanction by the ACC.

The Alpine Competition Committee recommends entry fees for the various levels of racing, usually set at the PNW Convention. Entry fee amounts will be uniform across PNW for US Ski and Snowboard Scored, Sanctioned events. And entry fee can be no more than 2 times the amount of total head tax due per athlete per event. For the 2023-24 season, entry fee's may not exceed \$58 per start.

Training Fees: Not to exceed the head tax amount per event. For the 23-24 season, SG training fee will be \$29. DH training fee can be \$58 with the expectation that the ROC will work to provide a minimum of 2 training runs.

Head Tax

Each entry fee includes "head tax" for one or more of the following organizations: U.S. Ski & Snowboard, Western Region and PNW. Head taxes for 2022-23 are:

Type of Race	USSS	WR	PNW	Total
YSL	\$0.00	\$3.00	\$0.00	\$3.00
Buddy Werner Championships	0.00	\$3.00	\$10.00	\$13.00
Masters	\$0.00	\$0.00	\$5.00	\$5.00
USSS Scored	\$12.00	\$6.00	\$11.00	\$29.00
WR FIS	\$12.00	\$14.00	\$0.00	\$26.00

Entry Deadlines

Race Entry Deadlines are listed on the PNW Race Calendar, usually 10 days prior to the first event. All entries must be finalized by the Entry Deadline. Late entries, phone entries, or entries submitted without payment may be denied by the race organizer or may be subject to a late fee. Late entries may be the first cut from a race when field size exceeds limit. It is the racer's responsibility to check with the race organizer to see if a late entry has been accepted.

Entry Refunds

Weather and snow conditions can at times cause the cancellation of a race or training day. Also, a racer may cancel his/her entry for reasons of illness, etc. If cancellation occurs the following policy will apply:

Cancellation by a racer: If a sponsoring host club is advised 24 hours before the race starts, or 24 hours before the training day for DH or Super G, of the inability of a previously entered competitor to attend, the entry fee will be fully refunded. This policy also applies in the case where a race is relocated, and the competitor is unable to attend at the new site.

Cancellation of a training day: Upon cancellation by the jury, TD, or race organization, of a DH or Super G training day, up to 50% of the total training fee may be kept by the host club to recover expenses associated with set-up for training.

Cancellation of a race: Upon cancellation by the jury, TD, or race organization of a race on the actual day of the event, the host club may keep up to 50% of the club's portion of the total entry fee collected. The head tax portions and at least 50% of the club's portion must be refunded to the racers. If a race is cancelled prior to the actual day of the event, the total entry fee must be refunded to the competitors.

Seeding Systems

In ski racing, "seeding" is the process by which racers are assigned bib numbers and arranged in a start order for competition. There are three methods used for PNW Junior racing, and two additional methods used for Western Region FIS and Junior Championship events.

TRS System

The first run start list is drawn at random. The second run is the reverse of the first run start list. Third run begins with the second half of the first run start list and then continues with the first half of the first run start list. Fourth run is the reverse of the third run order. After the 4th run a new "first run" is drawn at random and the process starts all over. Not all runs in the 4-run series need to be at the same mountain or event. If one SL is held one weekend and the next SL for the same group is held on a future weekend the first two runs of SL on the second weekend will be treated as runs 3 & 4 in the TRS system. (TRS for SG – Training Run is run one, 1st race is run 2, 2nd race is run 3, and 3rd race is run 4.)

Example:

1st Run or Race:	1,2,3,4,5,6,7,8,9,10
2nd Run or Race:	10,9,8,7,6,5,4,3,2,1
3rd Run or Race:	6,7,8,9,10,1,2,3,4,5
4th Run or Race:	5,4,3,2,1,10,9,8,7,6

With the TRS Seeding System all racers receive a 2nd run in SL or GS, whether they finished the 1st run or not.

Insertion of new athletes in an existing TRS draw - When new athletes are inserted in an existing TRS draw, the following procedures must be followed. This example assumes an existing start order with 100 athletes, and you are inserting 3 new athletes:

1. All athletes from the original draw are left on the start list, even if they are not entered in the race, and all new athletes must be left in the draw, even if they are not entered in the 4th run (for SG/DH situations).
2. New athletes are inserted after racer number 25 of the original draw (run 1).
3. The 'resorted' start list, which includes the new athletes, must expand the first ½ of the selected athletes by the number of new/inserted athletes (50 becomes 53), and the second ½ remains the same (50). The 3rd and 4th start lists would be thus:
3rd: 54, 55, 56, 57, 58....103, 1, 2, 3, 4, 5....53 (with the new athletes at 26, 27, 28)
4th: 53, 52, 51, 50...1, 103, 99, 98, 97....54 (with the new athletes at 26, 27, 28)

U.S. Ski & Snowboard (National) Point Seeding

Evergreen Cup and NW Cup races are seeded by U.S. Ski & Snowboard (National) points. Competitors are placed on the board in point order (lowest to highest). The National points used will always be from the current National Points list. The first seed of competitors, usually a group of 15, are randomly drawn. The remainder of the field runs in point order. This establishes the 1st run order.

For SL and GS (two run events), those racers who legally finished the first run are allowed a second run. Racers are ranked in order of first run finish with the top 30 finishers running in reverse order. Therefore the 30th fastest time from the first run starts 1st, and the fastest time starts 30th. Those finishing 31st, or later, on

the first run race in finish order of first run. The Jury may approve that the 1st-run DNF, DSQ, and DNS athletes be allowed to participate in the second run, running after the last racer with a valid 1st run time.

Western Region U14 & U16 Championships Seeding

The Board of Directors of U.S. Ski & Snowboard has approved 3 special seeding procedures for this event.

Turton Method: The field is divided into seeds of approximately 15 and each division is given slots in each seed equal to its percentage of the entire field. Each division assigns racers to seeds by its own procedures. Each seed is then randomly drawn to determine start order.

Modified Turton Method: The second method follows the Turton Method through the creation of the seeds, then, before a specific athlete is placed on the board, each seed is randomly drawn. The divisions then place their athletes within the starting numbers assigned to their division.

5-Seed Method: There will be 5 equal seeds, taking the divisional quota divided by 5 to determine each division's quota per seed. If the quota is not evenly divisible by 5, then the first seed is increased by one more until the quota is complete. The Seeding Chart is shown in the [WR Policies and Procedures Manual](#).

At the WR U14 and U16 Championships, PNW will assign racers to each seed in order of their ranking from the PNW U14 and U16 Qualifying series. Each event will be ranked separately at the respective championship.

Western Region U18/U21 Championships and FIS Races

At all Western Region FIS and U18/U21 Championships races, seeding is done using the current FIS points list, and follows the same procedure as U.S. Ski & Snowboard seeding described above.

PNW Race Field Size

1. There shall be no more than 140 racers on one course - Buddy Werner Championships excepted.
2. The number of competitors in a race must not exceed 140. This means 140 men and 140 women, if the event includes men and women racing on separate courses. Exceptions to this rule are:
 - i. FIS races where guaranteed national quotas may generate field sizes over 140.
3. The number of racers in a race may be determined by the Race Organizing Committee, however, not to exceed 140. This number must be announced on the race calendar or by a mailing to the racers concerned.

When the field size at the deadline exceeds the maximum of the announced limitation, host organization competitors, who are otherwise qualified to enter the event, will be selected first. Then all other competitors will be selected by National points - lowest points first. The organizer must notify those competitors not included in the field as soon as possible.

Out-of-Division Racers in PNW Events

Racers from other divisions are welcome to compete in PNW races to the extent compatible with field size restrictions. The racer must meet the qualifications of the PNW race series being entered. Racers should contact their Divisional office at least two weeks prior to the race.

Race Announcements

Each race organizer is required to send a race announcement "fact sheet" to the PNW office for posting on the PNW web site. Announcements should be sent out in good time, at least 14 days prior to the entry deadline. Information that is to be included on a race announcement:

1. Name of race, type of race series, dates of race and race location.
2. Entry fee amount, entry deadline and address for mailing of entry fees.
3. Race Chairman's name, email, and phone numbers.
4. Location of race headquarters during the event.
5. Housing and wax-room facilities, if appropriate.
6. Time and location of the Team Captains' meetings.
7. Price of lift passes, and time and location to purchase pass.
8. Daily schedule of events, including start times and race hill locations.
9. Time and location of racer registration, bib distribution and amount of bib deposit.
10. Time and location of awards or awards banquet, if appropriate.
11. Other special instructions i.e., complimentary entries, late fee, protest fee, etc.

Race Awards and Results

Race awards in the Evergreen Cup and NW Cup series are based on the age class system. Most ROC's will use the following system: Top 3 overall; Top 3 in each age class; possibly a move up award. If the race does not have a large group of U18 and older athletes racing, overall awards will be given, followed by age class awards for U16's and U14's. This is up to the discretion of the ROC.

NatFis files must be received in the PNW office no later than three days following the following races: Northwest Cup Series & U14 Series. All results to be included on the National Points list must be submitted by email using the latest U.S. Ski & Snowboard-approved format. Race organizers will be provided with instructions for submitting results for scoring to U.S. Ski & Snowboard and FIS. All results must be accompanied by the race code number for that event. If not using the SkiRaceAdmin on-line race registration process, head tax payment in three separate checks - Western Region, PNW and U.S. Ski & Snowboard in full - must be sent to the correct offices.

Team Captains Meeting - Racer Representation

It is the responsibility of all racers to be represented at the Team Captains meeting, and to receive information concerning the competition and the rules of the day. It is the responsibility of all coaches to attend the Team Captains meeting and be informed of the race program, schedule, and any specific instructions from the Jury.

PNW "Pace Skier" Policy

The purpose of the Pace Skier Policy is to assist racers, who normally compete at higher levels of competition, when they participate in divisional racing. Those racers are encouraged to compete at divisional events, thereby sharing their experiences with lesser skilled competitors. This approach helps generate appropriate FIS or National point levels at each series. To determine who qualifies as a Pace Skier, FIS points will be used at FIS races, and National points will be used at PNW/U.S. Ski & Snowboard scored races. The pace skier policy applies only to PNW/U.S. Ski & Snowboard scored races and to PNW FIS races.

1. The following PNW racers, or former PNW Alpine Team members, are considered Pace Skiers:
FIS or National points of 75 or lower in the event contested
2. Any Pace Skier, who meets the above qualifications and is one of the 5 lowest points holders seeded in a PNW race, will receive complimentary entry fees. PNW will waive the PNW head tax and pay the U.S. Ski & Snowboard and Western Region head tax for the race organizer. The race organizer will waive the club's portion of the entry fee. The organizer must submit the list of racers whom they have waived fees and head tax with the Official Results.
3. Race organizers are encouraged to provide other financial assistance to Pace Skiers, e.g., lift tickets, whenever appropriate. It is the competitors' responsibility to check with the race organizer to verify if they hold Pace Skier status.

6 - RULES GOVERNING PNW MEMBERS, TRAVEL AND CONDUCT

General Rules

Any athlete who is not in good standing with USSS/WR/PNW/USSS Member Club, including any past due balance, is not allowed to enter any events held by a USSS and/or PNW member club.

Race Entry Out of Division

No competitor, coach or parent may enter races in another division without proper approval. The philosophy of PNW is to discourage unnecessary travel out of the division. The following policy will apply:

1. All requests to race out of division must be submitted to the PNW office, in writing, 21 days prior to the competition. The PNW office will seek permission from the division involved. If permission is granted and approved by PNW, PNW will authorize the competitor's coaches to make the appropriate entry with the race organizer.
2. Out-of-Division races will only be considered when PNW is not sponsoring a race of equal caliber, at or about the same time.
3. Exceptions may be applied for through the PNW office and will be considered by the Alpine Competition Committee or ACC Alpine Development Sub-Committee.
4. Competitors not following this policy may be subject to sanction by the PNW.

See the [U.S. Ski & Snowboard Alpine Competition Guide](#) for more information on racing in other divisions, regions, and out of the country.

PNW Traveling Team Rules for Events and Projects

PNW Traveling Team Rules govern all team members. "Team members" refers to all racers, coaches, officials, and other individuals who officially represent PNW at a race or other competition event. Members of PNW traveling teams are required to abide by the U.S. Ski & Snowboard Code of Conduct, the USOPC Coaches Code of Conduct, PNW Code of Conduct, and each athlete's member club individual code of conduct policies. Additionally, members are:

1. Required to sign a informative release that states the family has to pay to remove the athlete from the project if called for.
2. Required to attend all team meetings, team training, and race events, unless excused by the PNW Traveling Team head coach and by the PNW office.
3. Required to observe the curfew established by the head coach.
4. Required to remain with the team or in the vicinity of the team's housing, except with the knowledge and permission of the PNW Traveling Team head coach and the PNW office.
5. Required to observe any additional rules established by the PNW Traveling Team head coach and PNW.
6. A racer, who drops out of a PNW Project after fees have been paid to the race organizer and for housing, may receive a refund only if PNW can recover funds.
7. Racers who are in violation of PNW traveling team rules are not eligible for a refund and may be ineligible for future PNW Projects.

PNW will normally arrange for coaching, travel, and housing for WR Championship races (U16 and U14), and certain other events, known collectively as PNW "Projects", where the Western Region does not make such arrangements, except as noted. Racers who qualify and attend such Projects will go as members of a PNW

traveling team. PNW racers who travel as members of any PNW traveling team are expected to stay with the PNW team at the housing arranged for them by PNW. Exceptions can be made and approved on an individual basis.

Rules Guiding PNW Code of Conduct

All PNW competitors, coaches and officials at all levels of PNW racing, and when representing PNW as part of an official team or as an individual shall adhere to the following Code of Conduct Policies:

- [US Ski and Snowboard Code of Conduct](#)
- [USOPC Coaches Ethics and Compliance](#)
- [US Center for Safesport Code/MAAAP](#)
- [Western Region Code of Conduct](#)
- [PNW Code of Conduct](#)
- Individual Member Club Code of Conduct Policies (for your home club)

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Grit, Excellence, Team, Fun, and Integrity, and abide by the spirit and dictates of this Code of Conduct. All members must agree to conduct themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

It is the position of PNW that ski racing requires dedication, training, perseverance, physical conditioning, and emotional stability. These requirements, and the safety of participants in a challenging and demanding competitive sport, are not compatible with the use of drugs or alcohol and their adverse effect upon the emotional and physical being of the users. In this regard, PNW fully supports and enforces the U.S. Ski & Snowboard CODE OF CONDUCT and all other Codes of Conduct noted above, including those of individual Member Clubs.

Code of Conduct Policies Specific to Coaches

Illegal Use Drugs and Alcohol by Coaches

In addition to what is stated in the U.S. Ski & Snowboard Code of Conduct, PNW endorses and highlights the following policies regarding the use of drugs and alcohol by coaches:

- PNW coaches shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Coaches under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard, Western Region, PNW or event organizer function. Coaches under the age of 18 shall not use any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches.
- Absolutely no alcohol or drugs are permitted in project vehicles while transporting athletes.
- No coach shall drive athletes at any time while under the influence of drugs or alcohol.

Staff Drug Testing

All traveling staff coaches are subject to random drug testing. The PNW President or Vice-President may randomly select PNW traveling team coaches for drug testing. If a PNW traveling team coach, who is affiliated with a PNW club that has a drug testing policy, is required to submit to a drug test, the PNW President or Vice-President may utilize the coach's club program for random drug testing. Otherwise, all drug testing shall be as directed by the PNW President or Vice-President in a location convenient for the coach. The drug test results shall be confidential, however, if a coach does test positive for illegal use of drugs or alcohol, then the test results shall be referred to the PNW disciplinary chair for action. The procedures to be followed for any disciplinary action against a traveling team coach shall be essentially the same procedures utilized for a racer as stated below.

Code of Conduct Philosophy

Violations of the Codes of Conduct noted above may give rise to sanctions to be imposed by the competitor's sponsoring organization, PNW, and U.S. Ski & Snowboard. It is PNW's philosophy that immediate resolution of any violation best serves all parties involved. It is the goal of PNW to complete a speedy and factual determination of any violations. Whenever possible an on-site resolution is preferred so that all involved can move forward. None of this shall interrupt the need for due process for everyone involved.

[SafeSport violations or concerns are outside of the purview of PNW and should be reported and resolved via the SafeSport on-line system.](#)

Procedure for Violations and Due Process

At a minimum, Disciplinary Procedures and Due Process will include: Identifying and collecting evidence, interviewing the involved parties individually, analyzing the facts of the investigation and creating a written report.

Documentation - All proceedings shall be thoroughly documented by the investigative lead. These can be used in future proceedings.

The handling of violations, sanctions, resolutions, and appeals will be handled at three levels as described below. The facts of the case will determine if the athlete was involved in a major or a minor violation of the rules also described below. Examples are included to aid in consistency. In determining sanctions, the PNW Project Head Coach shall work **jointly** with the athlete's Individual Club Program Director or onsite Coach Representative and strongly consider Individual Athlete Club Policy in determining sanctions.

When there is an admitted and/or uncontestable offense, the adjudication shall occur on site. When there is doubt about the facts or insufficient evidence, consequences may be deferred until due process can be followed to determine the appropriate resolution.

PNW will follow the USOPC Guidelines for Due Process: [USOPC Compliance Investigations Procedure](#)

SANCTIONS FOR RULE VIOLATIONS

PNW considers the following rule violations MINOR offenses:

1. Misbehavior
2. Breaking Curfew
3. Lying
4. Violation of ski area rules
5. Violation of daily training rules
6. Violation of the skier code of conduct

MINIMUM CONSEQUENCES FOR A MINOR OFFENSE

- 1st Offense:** Verbal Warning and 0–3-day suspension from all PNW and/or U.S. Ski & Snowboard activities,
2nd Offense: Written Warning and 1–7-day suspension from all PNW and/or U.S. Ski & Snowboard activities and/or team privileges
3rd Offense: 7–14-day suspension. Elevated to a major offense.

PNW considers the following rule violations MAJOR offenses:

1. Breaking the law while participating or representing PNW or U.S. Ski and Snowboard
2. The Illegal use of drugs while participating or representing PNW or U.S. Ski and Snowboard
3. The Illegal use of alcohol while participating or representing PNW or U.S. Ski and Snowboard
4. The illegal use of any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches.
5. Any confirmed Safe Sport Violation including but not limited to hazing, harassment, bullying, or sexual harassment and/or abuse.

MINIMUM CONSEQUENCES FOR A MAJOR OFFENSE

- 1st Offense:** Immediate removal from the project and requirement for parent to pick up the athlete from the project within a reasonable time at their expense, plus a one - two-week suspension from all PNW and/or U.S. Ski & Snowboard activities,
2nd Offense: Indefinite suspension from all PNW and/or U.S. Ski & Snowboard activities and/or team privileges and loss of support from PNW and/or PNWSEF.
Any rule infractions endangering self or others may result in up to a 1-year suspension.
Illegal actions may result in turning the offending party or parties over to the local or state authorities if the offense is a violation of existing laws.

Resolution and Appeal

Level of Resolution and Due Process for Rule Violations. All decisions at any level may be appealed to the next level of PNW and eventually to the USSS or the appropriate governing body. The PNW Appeals Board of Directors approved Appeals Committee will review the documentation, any additional facts not available during the original process, the evidence and sanctions delivered. This will help them evaluate and recommend further action to be taken by the Board based on a case presentation by the athlete through a formal hearing.

LEVEL I (PNW Venue Resolution)

Level I decisions are handled by the PNW Project Head Coach and the athlete's home program Program Director or Coach Representative and notification of the PNW Home Office. If the athlete's home program coach is not available another coach from the project will be appointed to serve in the sanctioning process. If a competitor, coach or official has violated, or allegedly violated the Codes of Conduct, the violation shall be called to the attention of the individual. The investigation shall follow Due Process and propose an immediate resolution or sanction. The individual shall have the opportunity to accept or appeal the sanction for the claimed violation. The Head coach and home program coach or coach representative shall report, in writing, to the PNW office and the Disciplinary Chairperson, the incident and resolution. Appeal of the proposed resolution shall be referred to the PNW office for Level II processing.

LEVEL II (PNW Administrative Resolution)

Level II decisions are handled by the PNW Disciplinary Chairperson (nominated by PNW Board of Directors) and designated disciplinary committee. A violation of the Codes of Conduct by a competitor, coach, official for Level II shall be reported to the PNW Office in writing. Upon receipt of the reported violation, the PNW office shall refer the claimed violation to the Disciplinary Chairperson. The Disciplinary Chairperson shall contact the accused person(s) by telephone and discuss the claimed violation with the accused person(s), following USOPC Due Process. The Chairperson and Disciplinary Committee shall act and investigate as they deem

appropriate and then propose a sanction to the accused person(s). The accused person(s) shall have the opportunity to accept or appeal the sanction. If the accused person(s) accepts the sanction, the violation and sanction shall be fully resolved and final. If the accused person(s) appeals the sanction or proposed resolution, then the Disciplinary Chairperson shall refer the claimed violation to the Chairperson of the Appeals Board for administration as per Level III.

Level II - Disciplinary Committee

PNW BOD Disciplinary Chairperson
ACC Judicial Committee Chair
ACC Age Class Rep
PNW Executive Director (non-voting)

Level III (PNW Appeals Board Resolution)

The chairperson of the PNW BOD Disciplinary Chair shall act as the Level III committee chairperson. The three-person Disciplinary Committee described below shall generally conduct its business using the following procedures:

1. The competitor, coach or official shall be given sufficient notice, preferably in writing, outlining the nature and extent of the claimed rules violations.
2. The competitor, coach or official will be given reasonable time in which to prepare a response to the claimed violation.
3. The competitor, coach or official will have the opportunity to be assisted in presenting their side of the incident at the hearing and, also, can employ the assistance of an attorney, if so desired, at their expense.
4. The chairperson of the Disciplinary Committee shall conduct the hearing, and the hearing shall either be in person or by conference or zoom call and handled in such a way as to give the Disciplinary Committee and the competitor, coach or official an opportunity to hear both sides of the claimed violations.
5. Immediately following the hearing, the Disciplinary Committee shall discuss and reach a decision in respect to the claimed violation, including whether or not the violation has been committed and the sanction to be imposed.
6. The competitor, coach or official will be provided with a written decision of the Disciplinary Committee, and, upon request, an audio copy of the hearing.
7. The Disciplinary Committee hearing, not including the deliberations of the Disciplinary Committee, may be recorded if the competitor, coach or official requests that a recording be made of the disciplinary hearing.

Level III Alpine Appeals Board

PNW BOD Disciplinary Chair
PNW Board President or Vice President
PNW ACC Chairperson

Any appeal of a Level III decision shall be taken to U.S. Ski & Snowboard. It is PNW's intent to provide the competitor, coach or official with Due Process. Due Process is explained in the section "Athlete's Code of Conduct" in the [U.S. Ski & Snowboard Alpine Competition Guide](#)

CONFIDENTIALITY

Records of disciplinary action or dismissal for cause proceedings shall be kept confidential to the degree permitted by the law.

7 - PNW ALPINE TEAM

The PNW Alpine Team will be selected at the beginning of each race season. Team size and gender distribution will be announced by the ACC during the spring/summer meeting. The purpose of the team is to recognize the top active junior racers in PNW and to reward their efforts to the extent possible as they strive for the next level. There are numerous benefits to members of the PNW Alpine Team. The benefits are defined annually. Each member of the PNW Alpine Team receives a uniform piece.

The PNW Alpine Team will be posted to the PNW website in the fall.

PNW Alpine Team Selection Procedures

1. Eligibility for the PNW Alpine Team requires that the competitor is a U16 or Older Junior (aged 15-20) for the upcoming season, maintains a permanent residence within division, is a registered member with a recognized PNW club*, was a member in good standing of PNW and US Ski and Snowboard during the previous season, attended Northwest Cup races held in the previous season, and must renew his/her US Ski and Snowboard Competitor membership by the U.S. Ski & Snowboard Early Membership Renewal deadline (Oct 15 midnight MDT). (Athlete must be in good standing, not pending, with US Ski and Snowboard by the early renewal deadline)
Exceptions: Attendance at a higher-level US race that conflicts with a Northwest Cup, i.e. Nor-Ams, or Nationals; or an injury which prohibited participation in the NW Cup events.
2. Eligibility also requires that the competitor intends to compete as a member of PNW in Northwest Cup races during the current season. Team members must notify the PNW office of their intent to compete in PNW by the U.S. Ski & Snowboard Early Membership Renewal deadline.
3. Automatic Alpine Team status is reserved for athletes who placed 1st through 3rd in the NW Cup overall ranking the prior season. The balance of the team will be selected from a single selection board to be constructed by the PNW Selection Committee using National points from the appropriate National points list which includes non-activity/injury adders or penalties (see "PNW Selection Procedures" – Chapter 9 - in this manual for more information on selection boards).
4. Team members are encouraged to help the younger PNW racers by entering non-Northwest Cup races as often as possible.
5. All PNW Alpine Team members will first be nominated to the team and required to sign a Contract of Participation before officially being named as a PNW Alpine Team athlete.
6. U.S. Ski Team members will become honorary members of the PNW Alpine Team. These athletes will remain members of the PNW Alpine Team if they are registered US Ski and Snowboard members with a PNW competitor's license.

* In the case of independent racers, written authorization must be obtained from the PNW Director of Alpine.

8 - PNW / PNSAA / PNWSEF ELITE SEASON PASS 2023-24

The Elite Pass is a unique PNW tradition. It is an arrangement between ski area operators and ski racing unprecedented in the U.S. The PNW/PNWA/PNWSEF Elite Season Pass allows the purchaser (valid U.S. Ski & Snowboard competitor) to ski at all participating PNWA areas, receiving a day-pass each day, with no black-out dates other than those noted in #9 below.

The following criteria will be used to determine eligibility for 2023-24:

Women: 260.00 Pts or less in GS, SL or SG

Men: 240.00 Pts or less in GS, SL or SG

Eligibility

1. The competitor, to be eligible for a pass, must be a member of an established PNW Team or Club, or on the list supplied by the NWCSC, and in good financial standing with PNW. Limited provision is made to accommodate non-club racers. The pass is only available for competitors age 13 - 24.
2. The Elite Pass will be sold to all valid U.S. Ski & Snowboard competitors who meet the Elite Pass eligibility criteria based on National Points. For NWCSC athletes, the top 10 men and 10 women from last year's NWCSC final totals are eligible to purchase an Elite Pass. All athletes must be registered to compete during the season the pass is purchased and must also be in good standing with U.S. Ski and Snowboard and PNW.
3. The pass holder must have competed in 4 race starts during the 2022-23 season (each race equals one race start – 2 races on one day equals 2 race starts).

Purchasing and Refund

4. Applications will be processed eight times each fall at approximately two week intervals. Applications received after the current processing date will have to wait until the next processing date for the pass to be printed and sent.
5. Passes must be purchased by the last processing date of the competition year. For sufficient reasons, a petition may be submitted to the PNW office asking for approval to purchase a pass after that date.
6. Athletes who renew their U.S. Ski & Snowboard/PNW membership on/after Oct. 16th are subject to a \$30 PNW late fee. Pricing structures are included in the Elite Pass application.
7. If a pass is lost, a replacement pass can be purchased for an additional processing fee of \$30.00.
8. If a pass holder should be injured, the racer may apply to the PNW for a refund on a pro rata basis. Refund requests must be submitted by March 15th of the current season, with appropriate medical documentation.

Policies and Guidelines

9. *In general*, the pass will be valid November 15 through the Golden Rose race of the current competition season. *PNSAA resorts reserve the right to adjust the validity dates to match their seasonal operating schedules.* *The Elite Pass is not valid for use at participating resorts for events held on un-scheduled winter operating days, i.e., days the resort is not scheduled to be open. In addition, ski areas may choose not to honor the pass early season should the resort have less than 75% of their terrain open to the public.*

10. The pass is not valid at PNW sponsored training camps where the lift ticket is included in the camp fee. Ski area operators may choose to honor, or not honor, the Elite Pass at Oregon Interscholastic Ski Racing Association (OISRA) competitions.
11. Use of the Elite Pass is a privilege and is restricted to use by the purchaser only. All rules and regulations of the PNW, PNSAA, U.S. Ski & Snowboard and other ski area policies where the pass is used shall apply. Abuse of the Elite Pass can result in prosecution by the ski areas and/or in disciplinary sanctions by PNW to include possible suspension or revocation of the Elite Pass. (Please review the U.S. Ski & Snowboard Code of Conduct in your U.S. Ski & Snowboard Alpine Competition Guide and the PNW Conduct and Disciplinary policies presented earlier in this Manual).
12. The pass holder assumes all risks and liabilities associated with the sport of skiing.
13. All on-hill conduct falls under the [National Ski Areas Association's Responsibility Code](#).

PACIFIC NORTHWEST SKI AREAS

HONORING THE ELITE PASS IN 2023-24



Alpental (See Summit at Snoqualmie)
 Anthony Lakes Ski Area
 Cooper Spur Ski Area
 Crystal Mountain Resort
 Eaglecrest Ski Area
 49° North Mountain Resort
 Hoodoo Ski Area
 Hurricane Ridge
 Lookout Pass
 Loup Loup Ski Bowl
 Mission Ridge Ski & Board Resort
 Mt. Ashland
 Mt. Bachelor
 Mt. Baker Ski Area
 Mt. Hood Meadows Ski Resort
 Mt. Hood Skibowl Winter Resort

Mt. Spokane Ski & Snowboard Park
 Schweitzer Mountain Resort
 Silver Mountain Resort
 Ski Bluewood
 Stevens Pass Mountain Resort
 Summit at Snoqualmie
 Alpental
 Summit East
 Summit Central
 Summit West
 Timberline Lodge & Ski Area
 White Pass Ski Area
 Whitefish Mountain Resort

9 - PNW SELECTION PROCEDURES

PNW Selection Procedures are used to qualify PNW racers for regional and national events where an official team will represent PNW. Selection procedures vary depending on the level of competition/race. It is PNW's philosophy that younger racers be rewarded for solid, all-event skiing, whereas the older, more experienced skiers are rewarded for excelling in a single event. All selection boards and final selections are on record and available in the PNW office.

The Athletic Development Sub-committee of the ACC oversees PNW Selections. The respective working group for each age class conducts specific selections.

- 1) U14 SUB-COMMITTEE WORKING GROUP
 - a) Western Region U14 Championships
- 2) U16 SUB-COMMITTEE WORKING GROUP
 - a) Western Region U16 Championships
- 3) U18-U21 SUB-COMMITTEE WORKING GROUP
 - a) All FIS events including:
 - i) Western Region Devo FIS series
 - ii) Western Region Elite FIS series
 - iii) Western Region U18/U21 Championships

PNW Double Selection Board

The PNW Double Selection Board generally follows the same procedure as the Regional Double Selection Board Method as described in the U.S. Ski & Snowboard Alpine Competition Guide. However, the PNW Double Selection Board order of events is as follows: GS, SL, SG & DH.

Rules for Setting up the Board

- 1) Only the events contested at the competition will be placed on the board.
- 2) The Place Points board comes first, followed by the National Points board.
- 3) Racers are awarded place points at identified selection races. A racer's best two results in each event are added together and placed in the appropriate column. Columns for each event are arranged with the top ranked racer first.
- 4) Only eligible PNW athletes at the time of the selection will receive place points. Past and present members of the US Ski Team, racers from other divisions and racers normally excluded from the event will not be awarded place points.
- 5) Ties in Place Points:
- 6) A. Considering a racer's single best place point result in that event first breaks ties. Next, considering any unused place point result in that event breaks ties.
B. If, after all place point results have been considered, a tie still exists, the racer with higher National points (worse rank) on the current list at the selection deadline will be placed ahead of the other tied racer on the board. Only the National points of the event in which the tie exists will be considered.
- 7) The National Points board is arranged in columns for each event with the top ranked racer first, based on the identified selection races and the most current National points list.
- 8) For racers to be included on the National Points side of the board they must have competed in at least one of the selection races of the qualifying series.
- 9) When a tie exists on the National Points board the racer ranked higher on the Place Points board of the same event will be ranked first.

Selection

Selection is made by moving across the board, left to right, and choosing the racer in each column before moving to the next row. If a racer has previously been chosen from the board, that racer is skipped over, and the selection procedure continues. If a column does not contain a racer, the blank column is skipped, and selection continues across the board.

Example

Selection for a 4-event, 12-person team:

Place Points Board
GS SL SG DH

A	B	E	D
G	D	Q	E
R	Z	D	Q
F	Q	B	M

National Points Board
GS SL SG DH

A	X	D	C
F	E	X	Z
Z	M	Q	D
T	D	C	Q

Selection: A, B, E, D, X, C, G, Q, F, Z, R, & M

PNW Modified Double Board

The PNW Modified Double Selection Board generally follows the same procedure as the PNW Double Selection Board Method. However, the PNW Modified Double Selection Board changes how the combined total of World Cup points is calculated and changes the order of selection.

The World Cup point's board is the combined total of the best single result from each of the disciplines in the qualifiers. Selection goes 1st WC points, then 1st National GS, 2nd WC Points, 1st National SL, 3rd WC points, 1st National SG, 4th WC points, 2nd National GS, etc. If a racer has previously been chosen from the board, that racer is skipped over, and the selection procedure continues. If a column does not contain a racer, the blank column is skipped, and selection continues.

Example

Selection for a 3-event, 11-person team:

		USSS Points	USSS Points	USSS Points	Ranking Order	Ranking Order	Ranking Order	Selection Order
WC Points	Row	GS	SL	SG	1	continued - 2	continued - 3	
A	1	C	A	A	1-A-WC1	12-I-SG2	23-E-SG5	1 - A - WC1
B	2	D	I	I	2-C-GS1	13-G-WC7	24-K-GS6	2 - C - GS 1
C	3	E	B	C	3-B-WC2	14-E-GS3	25-F-SL6	3 - B - WC2
D	4	A	C	D	4-A-SL1	15-H-WC8	26-G-SG6	4 - D - WC4
E	5	J	D	E	5-C-WC3	16-B-SL3	27-FGS7	5 - E - WC5
F	6	K	F	G	6-A-SG1	17-C-SG3	28-H-SL7	6 - I - SL2
G	7	F	H	F	7-D-WC4	18-A-GS4	29-F-SG7	7 - F - WC6
H	8	H	J	K	8-D-GS2	19-C-SL4	30-H-GS8	8 - G - WC7
					9-E-WC5	20-D-SG4	31-J-SL8	9 - H - WC8
					10-I-SL2	21-J-GS5	32-K-SG8	10 - J - GS5
					11-F-WC6	22-D-SL5		11 - K - GS6

PNW Single Selection Board

In case no selection races are held prior to the selection announcement date, or selections will be made only from points awarded at qualifying races, a single selection board will be used. In this case, only the defined points portion of the Double Board is utilized, i.e., National points when there are no selection races. The selection procedure for the Single Board is otherwise the same as that described for the double selection board.

Western Region FIS Elite Series Selection

Selection to the Western Region Elite Series is done by Western Region. PNW will not have a quota for these events. PNW athletes will qualify for the WR Elite Series by participating in the WR Devo Series. Western Region will manage athlete intents for the Elite series, as well as submit the FIS entry sheets to the race organizer.

Western Region FIS Devo Series Selection

A single selection board will be used to select PNW athletes to WR FIS Devo Series events. There are no PNW selection races for these competitions. Only the events contested will be placed on the board.

There are 2 types of Devo FIS races – Open and Qualifiers. Qualifiers are those events used by Western Region to select athletes to the Western Region FIS Elite Series. PNW will post a list of athletes for the events (qualifiers and open FIS) using a single selection board. PNW athletes who are qualified as Western Region automatics will be on the PNW Devo FIS boards for all Devo FIS races. Automatics must intend for all Devo FIS races through the PNW intent site.

Note: When a Western Region FIS Elite or Devo Series race is used as a qualifying competition for any Championship event (2023 = Schweitzer in February), Western Region may regulate and modify how quotas will be filled by divisions in the following manner:

- Fifty percent (50%) of any divisional quota must be allocated and offered to the age group that is qualifying to the championship event.
- Subsequent divisional quota expansions may or may not be restricted to an age category by the Regional Director.
- The remaining regional director's quota is not restricted by age category.

Eligibility to be placed on the Board

- 1) Racers must be licensed members in good standing of U.S. Ski & Snowboard and PNW.
- 2) Coaches must intent their athletes for the event when the boards are sent out by PNW.
- 3) Racers must be FIS-age eligible and have a current and active FIS license.
- 4) Racers who are in violation of the U.S. Ski & Snowboard Code of Conduct, U.S. Ski & Snowboard policy or PNW policy will not be placed on the board.
- 5) All "Senior" competitors qualifying must hold a current FIS license and must have points on the current FIS list in at least one of the contested events.

Alternate List

For the Western Region FIS Devo/NJR Series an alternate list will include all eligible racers who meet the above criteria. If after notifying racers to the extent of this list, the PNW quota is still not filled, no further racers will be selected.

Western Region U18-U21 Championships

The Double selection board method will be used to fill the PNW quota to the Western Region U18/U21 Championships, using the most current National points list valid at the time of the selection and Head-to-Head competition from the Northwest Cup Series. PNW athletes must attend three Northwest Cup race days during the season to be placed on the boards.

The best 50% (rounded up) of world cup points results from each of the contested events in the Northwest Cup will be used. World Cup points will be earned based on an individual's overall finish place in each contested event. All Northwest Cup races run prior to the WR U18/21 Championships will be used.

PNW Western Region Automatics will be considered automatics to the Western Region U18/21 Championships (participation in NWC Series is not a requirement for Western Region Automatics).

The appropriate number of events, that is, only those events contested at the U18-U21 Championships will be placed on the selection board.

Eligibility to be placed on the Board

- 1) Racers must be licensed members in good standing of U.S. Ski & Snowboard and PNW.
- 2) Racers must be age-eligible for the championship event.
- 3) Racers must have competed in at least 3 Northwest Cup Race days during the season.
- 4) Racers who are in violation of the U.S. Ski & Snowboard Code of Conduct, U.S. Ski & Snowboard policy or PNW policy will not be placed on the board.
- 5) Racers must have a current and active FIS license by Jan. 1, 2024, to be placed on the board.

Alternate List

The alternate lists for the Western Region U18/U21 Championships will have no limitations. All efforts will be made to fill the PNW quota with eligible PNW racers.

PNW Single Selection Board for U16 RPS Event

A single selection board method will be used to fill the PNW quota to a Western Region U16 RPS event using the most current National Points List valid at the time of selection. Only National Points will be placed on the board. All U16's will be considered for selection using the National Points Board.

Eligibility to be placed on the Board

- 1) Racers must be licensed members in good standing of U.S. Ski & Snowboard and PNW.
- 2) Racers must be age-eligible for the championship event.
- 3) Order of events on the board will be GS then SL.
- 4) No discretionary selections.
- 5) Tie Breaker: In case of a tie in National Points, the SL & GS points of each tied athletes will be added together. The lowest SL/GS combined point total will be selected.
- 6) The team members will be announced after the U16 Working Group members validate the selection. Selected athletes will be announced 6 weeks prior to the start of the event.
- 7) Racers who are in violation of the U.S. Ski & Snowboard Code of Conduct, U.S. Ski & Snowboard policy or PNW policy will not be placed on the board.

Alternate List

- 8) The alternate list for the Western Region U16 RPS Event will have no limitations. All efforts will be made to fill the PNW quota with eligible PNW racers.

Western Region U16 Championships Selection

PNW will be emphasizing head-to-head competition throughout the season for our U16 athletes. A single modified board based on accumulated World Cup points from the U16 qualifiers, will be used to rank athletes. National points will not be used as selection criteria. A ranking list will be made by adding the (new) World Cup points of the best two results from each discipline: GS, SL and SG of qualifying competitions. If only two races are contested per discipline, the best single event result will be used for the selection board.

No selections by individual year of birth will be made.

Eligibility to be placed on the Board

- 1) Racers must be licensed members in good standing of U.S. Ski & Snowboard and PNW.
- 2) Racers must be age-eligible for the championship event.
- 3) Racers must have competed in at least one of the designated selection races.
- 4) Racers who are in violation of the U.S. Ski & Snowboard Code of Conduct, U.S. Ski & Snowboard policy or PNW policy will not be placed on the board.
- 5) Western Region requires that Divisions protect athletes that are selected and participate in an NPS project during the 2023-24 season. Should the project conflict with a PNW Divisional qualifying race for Western Region U16 Championships, the athletes will not be penalized. These athletes will be selected as part of the PNW Divisional quota. Athletes that attend the NPS series should participate in non-conflicting qualifiers within PNW as much as possible.

Alternate List

The alternate list for the Western Region U16 Championships will have no limitations. All efforts will be made to fill the PNW quota with eligible PNW racers.

Team Announcement

The U16 Championship Team and the team alternates will be selected after the completion of the last PNW U16 qualifying competition. The team members will be announced after the U16 Working Group members validate the selection.

U16 Championship Seeding

A ranking list for each event will come from the PNW office.

World Cup points (total of best result in each event) and national points will be used in a double board seeding process. In the event of a tie, the racer with the lowest single race points in the event from the qualifier series will be ranked first. See Modified Double Board earlier in this chapter.

Western Region U14 Championships Selection

The single selection board method will be used to fill the PNW quota to the Western Region U14 Championships, using the identified selection races and new World Cup Points as awarded in the qualifying races. Place points will be assigned to the top-30 eligible PNW finishers for each run at the selection races. A racer's best 2 single run results in each event will be used on the board. Racers will be ranked in a single column by accumulated points counted from all the events. Ties on the selection board list are broken by considering a racer's best unused place points result in any event. If a tie still exists, the 2nd best unused place point result will be used, etc. until the tie is broken. Selection will begin with highest ranked athlete (the athlete who has accumulated the most World Cup points) and continue down until the quota has been filled.

Eligibility to be placed on the Board

- 6) Racers must be licensed members in good standing of U.S. Ski & Snowboard and PNW.
- 7) Racers must be age-eligible for the championship event.
- 8) Racers must have competed in at least one of the designated selection races.
- 9) Racers who are in violation of the U.S. Ski & Snowboard Code of Conduct, U.S. Ski & Snowboard policy or PNW policy will not be placed on the board.

Alternate List

The alternate list for the Western Region U14 Championships will have no limitations. All efforts will be made to fill the PNW quota with eligible PNW racers.

Team Announcement

The U14 Championship Team and the team alternates will be selected after the completion of the last PNW U14 qualifying competition (see the PNW website for qualifying races). The team members will be announced after the U14 Working Group members validate the selection.

U14 Championship Seeding

A ranking list for each event will come from the PNW office.

Seeding of WR U14 Champs Qualification Races:

- Qualifiers Jan 20-21, 2024 & Feb 10-11, 2024 & Mar 8-11, 2024 - TRS Seeding
- EC/U14 Series Finals Mar 29 – Mar 31, 2024 – National Pt. Seeding

WR U14 Champs Qualification Scoring:

- Scoring based on New World Cup Points. Scoring totals an athlete's best 50% (rounded up) of the individual race runs (not combined runs) in each event:
 - All race runs count toward WR U14 Champs Qualification
 - 2 SL races = 4 race runs of SL= 2 best runs scored
 - 2 GS races = 4 race runs of GS = 2 best runs scored
 - 3 SG races = 2 best runs scored
- Podium finishes (combined 2 run times) at qualifier races do not reflect actual selection criteria for U14 Championships.

Selections to WR U14 Champs:

- 2024 Quota: 15 Women / 16 Men
- Single Board based on U14 Qualification points (not USSS points)

- Racers will be ranked in a single column by accumulated points counted from all the events. Quota for men and women is determined by Western Region and will be filled by PNW selection method until the quota is filled.
- Athletes selected are invited to WR U14 Championships
- No Discretionary Selections for WR U14 Championships

U14 Selections to Northwest Cup Finals:

- Quota – 20 Men / 20 Women
- All Men / Women WR U14 Championship Team are selected.
- Additional quota filled by results of U14 series including EC/U14 Series Finals (see Appendix 4 in the Comp Manual)

PNW Discretionary Policy

PNW allows discretionary selections. The following procedures apply:

- 1) The last 2 places of the quota will be considered for discretionary selection.
- 2) Petitions for discretionary selection are due in the PNW office prior to the Selection Deadline. Late petitions will not be considered.
- 3) Final decision of a discretionary petition will be a majority vote from the appropriate working group of the Athletic Development Sub-committee.
- 4) Petitions that are denied will be forwarded to the Western Region for consideration.

A racer must provide evidence to show why his or her ranking should be adjusted. Examples of evidence to qualify for discretionary consideration include:

- a) Physician verification of injury or illness and proof that such injury or illness prevented a racer from maintaining competitive ranking.
- b) Results from a higher-level competition, e.g., Regional FIS race, Nor-Am, etc., that prevented a racer from competing in a qualifying event.
- c) Other proof that a racer's current ranking among his or her peers should be much better than indicated by the current selection procedure, i.e., results from recent competitions, prior season rankings, etc.

Foreign Competitors in PNW

Foreign competitors racing for clubs within PNW (U.S. Ski & Snowboard members with an "X" Competitors License and having paid their PNW dues), may be eligible for PNW selections to Western Region events. Foreign racers must submit a completed Intent to Compete Form to the PNW office before inclusion on any selection board. Foreign racers will not receive place points from any selection races conducted prior to submitting the Intent to Compete Form. Place points are not retroactive. Foreign competitors must meet all other eligibility criteria, including the submission of an authorization letter from their national federation allowing them to compete in North American FIS races for the current season. This letter should be sent to the PNW office prior to Nov. 15th.

PNW Intent to Compete Policy

1. The PNW Office will post a list of qualified, ranked athletes 30 days prior to the event.
2. Coaches will confirm/pull athletes by the posted deadline.
3. After the deadline, confirmed athletes will be sorted by their ranking.
4. Confirmed athletes must pay the trip fee for the event by the posted deadline to be included on the entry sheet.
5. All Intent deadlines and payment dates will be noted in advance on the [PNW website](#).

Policy Regarding Racers Qualifying for PNW Traveling Teams

1. PNW will post a list of racers who qualify for PNW Projects on the [PNW website](#). Racers who are independent are required to provide the office with contact information.
2. Racers who will not be available for contact at their usual address must contact PNW after the preliminary selection to verify their selection.
3. All racers notified that they have qualified for a team must be prepared to accept their selection by informing PNW as directed. The next racer on the selection list will replace a racer who fails to confirm with PNW by the deadline.
4. A racer who expresses the intention of competing and fails to race without informing PNW in time to affect a replacement, may be declared ineligible for the next PNW Project. Any racer who pulls from an event after the preliminary selection deadline will be held responsible and invoiced for ALL non-recoverable costs.
5. All racers must have complete payment and paperwork into the PNW office by the established deadline to be entered into the project.
6. Where a selected team member has failed to meet a financial obligation to the division, region, or U.S. Ski & Snowboard, by deadlines for final naming of teams, the next person on the selection list will replace the racer.
7. Western Region U14/U16/U18-U21 Championship Teams: Racers named to PNW U14/U16/U18-U21 Championship teams will be entered in all races held at the event. Athletes may choose not to compete in every event; however, they will still be responsible for the entry fee. The unused race start will not be filled with an alternate or non-named racer.

10 - PNW ACADEMIC POLICY

PNW promotes academic as well as athletic excellence. All PNW athletes are expected to maintain throughout the year a minimum of a 2.0 G.P.A. on a 4.0 system, with no F's. Academic scholarships are available to qualifying student/athletes.

PNW Honor Roll: 2022-23 Academic Year

PNW athletes who wish to be included on the PNW Honor Roll must be current US Ski and Snowboard members and are encouraged to submit any qualifying transcripts (quarter, semester, or year-end), by mail, email or fax, to the PNW Office. To qualify, an athlete must have a grade point average of 3.0 or better – weighted or non-weighted.

Congratulations to the following students/athletes who submitted qualifying transcripts!

4.0 and higher GPA:

Burns, Bridget K		Debley, Patrick
Menna, Caroline		Menna, Isabel
Petkun, Fritz		Petkun, Walter
Rahn, Lucas		Schmidt, Crosby
Stapleton, Marie		Sullivan, Henry

3.0-3.99 GPA:

Lambert, Joshua P		Neff, George
Oellrich, Paul K		Snyder, Braiden
Stapleton, Jackson		Sullivan, Daniel

11 - PACIFIC NORTHWEST COACHES COMMITTEE

Goals and Purpose

The Pacific Northwest Coaches and Education committees, both subcommittees of the ACC, are made up of all active coaches within the PNW. The Coach's committee is how coaches communicate their concerns and ideas amongst themselves and to the PNW. The Education committee develops and produces educational opportunities. The goals of the committees are:

1. To advance, encourage and improve the coaching profession in all its phases, and to promote a better working relationship among those persons interested in the aspects of coaching and ski racing.
2. To further develop the ability of each PNW Coach.
3. To better serve the common interest of the coaches by providing a means for the free exchange of ideas and information within the profession.

Focus Areas

- Coaching Education
 - Athlete Development
 - Race Calendar Management
 - Competition Policies
 - Officials Certification
4. All Alpine Coaches should become a certified Referee. Holding a Referee's license gives you a strong understanding of the rules of Alpine racing and allows you to be chosen for jury duty during competitions. In addition to taking the in-door Referee clinic and passing the written test, Referee candidates must successfully complete 2 Referee-specific shadow assignments on separate days, each under supervision of a different U.S. Ski & Snowboard Level 3 Alpine RF or TD (minimum Level 2 RF/TD), or FIS TD. The second shadow assignment may be waived under the following circumstance. The supervisor from the first shadow assignment and the current Alpine Officials Chairperson both agree that the candidate, after the first shadow assignment, meets the requirement to be certified as an Alpine Referee.

Traveling Teams – Coaches Selection

Coach selections to any PNW Traveling Team Coaching Staff are based on the following criteria:

1. The team with the greatest number of racers may be entitled to one coach.
2. All coaches selected for the PNW Traveling Team Coaching Staff shall be a member of U.S. Ski & Snowboard as a coach and shall be Referee certified by U.S. Ski & Snowboard.
3. The Selection Committee takes into consideration coaches' education and experience, the ability to work together with fellow coaches and all racers, and evaluations of past performances.
4. An Associate Coaches position may be made available in addition to the regular PNW coaching staff. This associate position allows a less experienced coach the opportunity to gain experience at the divisional and regional levels. The funding for this position may come from the Coaches budget. However, when funding is not available, the coach or coach's home club may be asked to provide some, or all, of the necessary funding.
5. Any PNW member club that has an athlete qualify and intend to compete at any non-FIS Western Region Championship, project, or camp, where PNW provides staff, will be allocated one coaching position on PNW staff for the championship, project, or camp that their club athlete(s) has qualified for.
6. Clubs may send additional coaches who have not been selected to the PNW Traveling Team Coaching Staff at their own expense.

- a. Those clubs must submit the names of their additional coaches attending the race event to PNW at the time of racer selection.
- b. All additional coaches properly submitted by non-opting out clubs will be included on the PNW "green sheet" as long as they are members of U.S. Ski & Snowboard as a coach and hold a current PNW Coach card and are Referee certified by U.S. Ski & Snowboard.
- c. Additional coaches attending are encouraged to integrate/cooperate with the designated PNW traveling team staff coaches.
- d. The designated PNW traveling team staff coaches shall allow and facilitate such integration.
- e. PNW will bill the respective clubs for any additional costs.

PROCEDURE

1. The Coaches Chairman, working with the ACC Selection Committee, will designate the head coach for each PNW traveling team.
2. The Coaches Chairman and the Head Coach will select the rest of the staff from a list of qualified coaches who have indicated to their Program Director their race series preferences. At least one female coach should be appointed whenever possible.
3. All coach selections are the final responsibility of the Coaches Committee. If at any time there is a conflict, the Coaches Committee Chair should be notified immediately in order to rectify the problem.
4. Program Directors will fill out and return any request for their staff members.

Traveling Coaches Responsibilities

HEAD COACH RESPONSIBILITIES:

1. Coordinate with the PNW office for wax, drills, radios, gates, and Medical Release forms, needed on the trip. This is to be handled prior to departure.
2. Arrange daily team meetings.
3. Assign daily duties to the assistant coaches, including always having one coach who is on-site and on-call while athletes are at the lodging property.
4. Attend or assign a coach to attend the Team Captains Meeting.
5. Arrange and coordinate waxing sessions.
6. Establish a reasonable curfew and see that it is enforced.
7. Be in charge of any necessary discipline procedures.
8. Communicate with the PNW office or the designated PNW spokesperson during travels daily.
9. Submit a report to the PNW office after the race which includes any disciplinary and/or organizational problems, etc.
10. Provide the front desk of any PNW lodging provider with cell phone numbers of the PNW coaching staff for contact in case of emergency, including designating the daily on-call coach
11. If an athlete is injured, contact the hospital/medical facility, the injured athlete's parents and the PNW office as soon as possible.
12. Be responsible for the safekeeping and ready access of PNW Traveling Team Athlete's Medical Releases and arrange a plan to have that information provided to a Health Care Provider in case of emergency.
13. Such other duties that may be assigned.

ALL COACHES SHALL:

1. Be a current member of U.S. Ski & Snowboard, have a Coaches Membership (ACO or XCO), for Alpine an updated Referee License (RF) and have completed necessary background checks.
2. Be housed with the team during the trip.
3. Be responsible for team members on the hill. Chaperones will be responsible for the team members off the hill. When there are no chaperones assigned to the team, the responsibility for the team members will be assumed by the coaches. If team members are granted permission to stay at a different lodging site, the coaches/chaperones are not responsible for the actions of those team members when they are off the hill.
4. Conduct daily inspections of athletes' rooms for cleanliness and upkeep; and final inspection after the athletes move out.
5. Be knowledgeable of and adhere to the U.S. Ski & Snowboard Code of Conduct published in the U.S. Ski & Snowboard Alpine and Nordic Competition Guides.
6. Be committed to always give 100% to ALL PNW athletes.

Coaches Code of Conduct

The U.S. Ski & Snowboard Code of Conduct and the Center for SafeSport Code can be found in the [U.S. Ski & Snowboard Alpine Competition Guide](#) and on the [U.S. Ski & Snowboard website](#) respectively. The entire code, as stated in the U.S. Ski & Snowboard Competition Guide, and all PNW policy stated in the Rules governing PNW Competitors section of this manual, shall apply to all PNW Coaches at all levels of PNW racing, and when representing PNW as part of an official team or as an individual.

US Olympic Committee Coaching Ethics Code

All coaches are encouraged to read and comply with this [Ethics Code](#).

Membership Requirements

PNW requires all member club program directors and/or head coaches to have a U.S. Ski & Snowboard Coaches license. PNW recommends that all club coaches obtain a U.S. Ski & Snowboard Coaches license.

PNW Coaches Card

The PNW Coaches Card program offers complimentary lift tickets to eligible coaches at competitions in PNW. Only coaches who have joined U.S. Ski & Snowboard with a Coach membership are eligible. The cost is an additional \$25.00 to the U.S. Ski & Snowboard Coach membership, and this fee is paid when joining U.S. Ski & Snowboard.

Only coaches who show as current on the U.S. Ski & Snowboard website, or those included in the U.S. Ski & Snowboard database supplied to Split Second or Vola timing software, are eligible. No physical cards will be issued.

PNW Coaches Education

PNW Coach Education programs are designed to maintain current coaching philosophies. The division strives to offer forums to keep abreast of current techniques and issues. Coaches are encouraged to participate in both [US Ski & Snowboard](#) and [PSIA](#) education programs as well. Level 100 Coach Certification through US Ski and Snowboard Education Department is mandatory for all coaches, beginning 2024-25 season.



12 - PACIFIC NORTHWEST SKI EDUCATION FOUNDATION

The Pacific Northwest Ski Education Foundation has been helping competitive athletes, including ski racers like Debbie Armstrong, Phil and Steve Mahre, Scott Macartney, Libby Ludlow, Brooke Wales, Tommy Ford, Jacqueline Wiles, and many others in the Pacific Northwest, realize their skiing goals for the past 44 years.

Formed in 1969, the foundation promotes all aspects of Alpine and Nordic ski competition, to racers, coaches, officials, and the public. Managed by an elected Board of Trustees, the foundation is a supporting organization to the Pacific Northwest Ski Association, whose members strive for the ultimate goal of Olympic and World Cup competition on the U. S. Ski Team.

Were it not for initial funding provided by the foundation, Olympic superstars like Phil and Steve Mahre of White Pass might not have gone on to their stunning Olympic victories. More recently, athletes such as Justin Wadsworth, Anton Pogue, Libby Ludlow, Tommy Ford, Torin Koos, Colby Granstrom, Jacqueline Wiles, Luke Winters, and Garth Hager have each benefited from the support provided by the foundation.

As a fundraising organization, the foundation relies on several diverse sources to keep building principal, to continue funding for existing programs, and to meet the needs of other recipients through new funding modes. Annual fund-raising events include a virtual auction, an annual appeal, and a Demo Day at Crystal Mtn. Another funding vehicle is the Elite Pass program, which is a cooperative venture begun in the mid-1970s between the foundation, PNW and the Pacific Northwest Ski Areas Association.

In addition to the many athletes who have benefited from their support, the foundation also provides funding for B-net, coaches' education and training, development camps, and educational scholarships.

Any parents or competitors with questions about the Pacific Northwest Ski Education Foundation are urged to request more information. Contact information is on the ♦[PNWSEF website](#), or use this link to send an ♦[email](#). Applications for financial assistance are accepted year around and awarded on a rolling schedule. All applications are now submitted on-line. Please find information on ♦[grant](#) and ♦[scholarship](#) applications on the PNWSEF website.

Website: www.pnwsef.org | Grants: www.pnwsef.org/grants | Scholarships:
www.pnwsef.org/scholarships

Email: pnsef@pnsef.org

All applications are treated with confidentiality.

PNSA AWARD RECIPIENTS

NORRIE LAMSON AWARD

For outstanding service to Juniors and Jr Race Program over a period of several years.

1963	Max Meyring	1982	Bill Tuller	2009	Mary Gunesch
1964	Walt Taulbee	1983	Ron Swensen	2010	Chuck Holcomb
1965	Cory Engen	1984	Brian Rencher	2011	Everett Coulter
1966	Betty Amick	1985	Don Bryant	2012	Gerry Fitzgerald
1967	Don Smith	1986	Barnie Duberow	2013	Karen McCadam
1968	Jim Barrier	1987	Rob Crick	2014	Ryan Shorter
1969	David Elie	1988	Red Nelson	2015	T Patrick Robson
1970	Frank Cammack	1989	Betsy Withington	2016	Amy Leonard-Heim
1971	Lloyd Stendger	1990	Claudia Ney	2017	Alan Lauba
1972	Bill Gue	1991	Karl Stingl	2018	Louis Otto
1973	Jim & Ileen Simonson	1992	Bill Gunesch	2019	Alan Watson
1974	R. Dean Palmer	1993	Dick Siler	2020	No Award Covid-19
1975	Jack Owen	1994	Dennis Oliphant	2021	Van Brassington & Rob Witten
1976	Ingrid Simonson	1995	Greg & Jan Parcher	2022	Chris Lowey
1977	Bill & Sallie McNabb	1996	Dale Kooley	2023	John Vermass
1978	Bill Dorris	1997	Jon & Mary Quinn-Hurst		
1979	Nat Brown	1998	Russ Reed		
1980	Matt & Pat Greenslade	1999	Alby Dean		
1981	Bill & Carm Schoening	2000	Kent Towleron		
1982	Bill Tuller	2001	Rick Reid		
1983	Ron Swensen	2002	Jim Meyer		
1984	Brian Rencher	2003	Clyde Makinson		
1985	Don Bryant	2004	Sue Johnson		
1986	Barnie Duberow	2005	Jacques Berther		
1987	Rob Crick	2006	Nigel Loring		
1988	Red Nelson	2007	Roger Root		
1989	Betsy Withington	2008	Kevin McDevitt		

JOHN GENOUD AWARD

Presented annually to the individual contributing notably of their service as a race official.

Presented by the Officials Chairman.

1975	Ken Comfort	1990	Jackie Davis	2015	Todd McNabb
1976	Joe Englesby	1991	Carol Wilkerson	2016	James Green
1977	R.D. "Red" Nelson	1992	M.J. Farr	2017	Jim Doudna
1978	Max Meyring	1993	Myra McEwan	2018	Al Pokorny
1979	Dick Moss	1994	Carol Nelson	2019	Fred Shick
1980	Ed Link	1995	Karl Stingl	2020	No Award Covid-19
1981	Don Jappert	1996	Fred Shick	2021	Karl Wardrop
1982	Sallie McNabb	1997	John Hatcher	2022	Gillian Esson & Jimmy Holcomb
1983	Willi Antis	1998	Brian Rencher	2023	Rob Cravens
1984	Matt Greenslade	1999	Bob Majors		
1985	Jack Nantz	2000	Roger Root		
1986	Betsy Withington	2001	Gretchen Daibler		
1987	Ellen Kremer	2002	Don Jappert		
1988	Ingrid Simonson	2003	Marilyn Smith		
1989	Charlie Arvidson	2004	Curt Gleaves		
1990	Jackie Davis	2005	John Barton		
1991	Carol Wilkerson	2006	Gloria & Seth Fletcher		
1992	M.J. Farr	2007	Orville Borge		
1993	Myra McEwan	2008	Clyde Makinson		
1994	Carol Nelson	2009	Lysandra Ness		
1995	Karl Stingl	2010	Bill Gunesch		
1996	Fred Shick	2011	Carl Guenzel		
1997	John Hatcher	2012	Barry Wise		
1998	Brian Rencher	2013	Jim Jopson		
1999	Bob Majors	2014	Bill Brooks		

PNSA AWARD RECIPIENTS

Ken Comfort Award

This award is given annually to a person who over the years has given freely of his/her time to help the sport of skiing, either recreationally or competitively. In this small way their efforts are recognized. "For outstanding service to the PNSA and the Sport of Skiing".

1961 Gus Raaum	1990 Carm & Bill Schoening	2019 Paul Mahre
1962 Nelson Bennett	1991 Dick Knowles	2020 No Award Covid-19
1963 Marion Whiting	1992 Ken Foster	2021 Tom Loeser
1964 Ken Comfort	1993 Faris Taylor	2022 Heidi Loewen, Jim Landwehr, Bob Landwehr
1965 Merritt Stiles	1994 Jackie Davis	2023 Alan Watson
1966 Corey Gustafson	1995 Ed & M.J Farr	
1967 Graham Anderson	1996 Russ Read	
1968 Max Meyring	1997 Clyde Makinson	
1969 Walt Hampton	1998 Jeanne Pita	
1970 Ferris Boothe	1999 Bill Gunesch	
1971 Stella Mills	2000 Everett Coulter	
1972 Al Marsh	2001 Karl Stingl	
1973 Jo Spickard	2002 Randy Rogers	
1974 Dave Newton	2003 Curt Hammond	
1975 Ingrid Simonson	2004 Rob Crick	
1976 Betty Dodd	2005 Laurie Macartney	
1977 Betsy Withington	2006 Sue Johnson	
1978 David Elie	2007 Nils Eriksson	
1979 Morry Scott	2008 Ingrid Simonson	
1980 Dick B. Porter	2009 Jerry and Susan Managhan	
1981 Karl Stingl	2010 Roger Root	
1982 Bob Carter	2011 Steve Devin	
1983 Dick Moss	2012 Jeff Sanborn	
1984 Bill McNabb	2013 Tabitha Hamilton	
1985 Ed Link	2014 Gretchen Makinson	
1986 Charlie Arvidson	2015 Clive Luiten	
1987 Pat Fuller	2016 Alan Watson	
1988 R. Dean Palmer	2017 Claudia Yamamoto	
1989 Diane Hicks	2018 Jim Doudna	

SCHWABE AWARD

Outstanding Alpine Competitor during the past year

1972 Diane Harrington	2000 Eric Holmer
1973 Phil Mahre	2001 Jeff Harrison
1974 Steve Mahre	2002 Nate Johnson
1975 Phil & Steve Mahre	2003 Colby Granstrom
1976 Tracy Valentine	2004 Jeff Harrison
1977 Mary Mathews	2005 Vanessa Berther
1978 Bill Dorris, Jr.	2006 Tommy Ford
1979 Bill Dorris & Coert Voorhees	2007 Tommy Ford
1980 Lauri Mattison & Tom Atwood	2008 Brooke Wales
1981 Debbie Armstrong	2009 David Owsley
1982 Tom Bowers	2010 Tommy Ford
1983 Bill Johnson	2011 Brooke Wales
1984 Terry Kuch	2012 Anna Mounsey
1985 Tracy McEwan	2013 Anna Mounsey
1986 ?	2014 Jacqueline Wiles
1987 Joey Brazil	2015 Max Tobler
1988 Justin Wadsworth	2016 Brian Davidson
1989 John Bauer	2017 R. Minam Cravens
1990 Megan Karnopp	2018 Evie Wright
1991 Eric Carlson	2019 Luke Winters
1992 Shana Sweitzer	2020 No Award Covid-19
1993 Luke Strom	2021 Thomas Sickler
1994 Tatum Skoglund	2022 Annaliese Frohlich
1995 Shana Sweitzer	2023 Sophia Falter
1996 Scott Macartney	
1997 Tatum Skoglund	
1998 Libby Ludlow/Scott McCartney	
1999 Evan Weiss	

PNSA AWARD RECIPIENTS

OLAV ULLAND AWARD

1989 John Bauer	2005 Sadie Bjornsen
1990 Eric Brooks	2006 Torin Koos
1991 Eric Flora	2007 Laura Valaas
1992 Brett Miller	2008 Evelyn Dong
1993 Dan Bulkley & Einar Svensson	2009 Annie Pokorny
1994 Justin Wadsworth	2010 Annie Pokorny
1995 Justin Wadsworth	2011 Torin Koos
1996 Laura McCabe	2012 Aja Starkey
1997 Heidi Rhinehart	2013 Dakota Blackhorse - von Jess
1998 Debbie Bauer	2014 Leo Lukens
1999 Laura McCabe	2015 Emily Hyde
2000 Per Johnson	2016 Novie McCabe
2001 Brian Newhall	2017 Novie McCabe
2002 Torin Koos	2018 Novie McCabe
2003 Per Johnsen	2019 Novie McCabe
2004 Kristina Owen	2020 No Award Covid-19

2021 Walker Hall
2022 Derek Richardson
2023 Neve Gerard

COACHES AWARD

1990 Russ Truman	2005 <i>Alpine</i> - Roger Taggart/Dana Kusakabe
1991 Bill Gunesch	<i>Nordic</i> - Scott Johnson
1992 <i>Alpine</i> - Rick Reid	2006 <i>Alpine</i> - Kent Towleron
<i>Nordic</i> - Kari Christensen	<i>Nordic</i> - George Bryant
1993 <i>Alpine</i> - Jeff Pickering	2007 <i>Alpine</i> - Pat Robson/ Mark Burandt (YSL)
<i>Nordic</i> - Dennis Oliphant	<i>Nordic</i> - Brenna Knowles
1994 <i>Alpine</i> - Dave Culp	2008 <i>Alpine</i> - Louis Otto
<i>Nordic</i> - Linda Kimbrell	<i>Nordic</i> - TJ Owen
1995 <i>Alpine</i> - Nils Eriksson	2009 <i>Alpine</i> - Ryan Shorter
<i>Nordic</i> - Gregg Lawley	<i>Nordic</i> - Matt Halloran
1996 <i>Alpine</i> - Jacques Berther	2010 <i>Alpine</i> - Dave Lyon
<i>Nordic</i> - Greg Stone	<i>Nordic</i> - Robert Schlichting
1997 <i>Alpine</i> - David Ojala	2011 <i>Alpine</i> - Claudia Yamamoto
<i>Nordic</i> - Greg Stone	<i>Nordic</i> - Dan Simoneau
1998 <i>Alpine</i> - Alan Lauba	2012 <i>Alpine</i> - Bill Cimock
<i>Nordic</i> - Don Brooks	<i>Nordic</i> - Chad Castren
1999 <i>Alpine</i> - Louis Otto	2013 <i>Alpine</i> - Alan Lauba
<i>Nordic</i> - Don Brooks	<i>Nordic</i> - Leavenworth Winter Sports Club
2000 <i>Alpine</i> - Jeff Kai	2014 <i>Alpine</i> - Mark Burandt
<i>Nordic</i> - Jon Quinn-Hurst	<i>Nordic</i> - Dan Simoneau
2001 <i>Alpine</i> - Chuck Holcomb	2015 <i>Alpine</i> - Alex Shorter
<i>Nordic</i> - David Axelrod	<i>Nordic</i> - Leslie Hall
2002 <i>Alpine</i> - Ryan Barnes	2016 <i>Alpine</i> - Chelsea Nova
<i>Nordic</i> - Laura McCabe	<i>Nordic</i> - George Bryant
2003 <i>Alpine</i> - Jacques Berther	2017 <i>Alpine</i> - Chris Acosta
<i>Nordic</i> - Ben Husaby	<i>Nordic</i> - Bernie Nelson
2004 <i>Alpine</i> - Curtis Shuck	2018 <i>Alpine</i> - Seth McCadam
<i>Nordic</i> - Chris Clark	<i>Nordic</i> - Dan Simoneau

2019 <i>Alpine</i> - Shana Sweitzer
<i>Nordic</i> - Dan Simoneau
2020 No Award - Covid-19
2021 <i>Alpine</i> - Roger Taggart
<i>Nordic</i> - Pierre Niess
2022 <i>Alpine</i> - Mike Kujala
<i>Nordic</i> - Pierre Niess
2023 <i>Alpine</i> - Dusty Hanchett
<i>Nordic</i> - Reitler Hodgert

PNSA AWARD RECIPIENTS

PRESS AWARD *For exceptional service to the sport of Skiing by a news media person.*

1972 Gordy Holt	1991 Terry Richard	2007 Laurie Macartney-"Most Ink"
1973 Mary Ann Woods	1992 Russ Cameron - Spokane News	Spokesman Review, Spokane, WA
1974 Rich Johnson	1993 Storm Kennedy & Dennis Nakata	2008 Allen Schaufli-King 5 News
1975 Dick Piper	of Magic 94 FM	2009 Bret Rankin - Walla Walla Union Bulletin
1976 Rich Johnson	1994 Rick Landers/Ted Nelson	2010 Katie Brauns - Bend Bulletin
1977 Jim Poore	1995 Donna Kemp	2011 Bill Jennings - Spokesman Review
1978 Sandy Gibson-ID Statesman	1996 Dan Bubb	Stephen Maher - Wenatchee World
1979 Tim Novascloski	1997	2012 Amanda Miles - Bend Bulletin
1980 Ian Brown	1998 Central Idaho Star News	Spokesman Review
1981 Idaho Statesman Sports Dept.	1999 Tom Frost	2013 Spokesman Review
		2014 Mike Safford -
1982 Bill Knight - Seattle P.I.	2000 None	College of Idaho Sports Info Director
		2015 Stephen Maher -
1983 Not Awarded	2001 None	Independent Journalist - Wenatchee
1984 Everett Herald	2002 Jerry Allen, KUGN Radio Eugene	2016 Scott "Boss" Hogg - USCSA Prod.
1985 Debra Carlton - Seattle P.I.	2003 Darrick Menekan, Peninsula Daily News	2017 Not Awarded
1986 Spokane Spokesman Review &	2004 Not Awarded	2018 Not Awarded
Spokane Daily Chronicle	2005 KTVB Channel 7, Boise	2019 Not Awarded
1987 Oregonian	2006 KOIN 6 Portland; A Schaufli-King 5 TV	2020 Not Awarded Covid-19
1988 Not Awarded	V Cibichi-Cashmere Valley Record	2021 Not Awarded
1989 Not Awarded	M Pappidas, Methow Valley News	2022 Not Awarded
1990 Terry Richard	KHQ-Q6 TV Spokane	2023 Not Awarded
	The Bend Bulletin, Bend	

COLLEGIATE ALPINE AWARD *Outstanding collegiate alpine competitor during the past year.*

1990 Adele Allender	2006 Jilyne McDonald	2022 Not Awarded
	Nate Johnson	2023 Not Awarded
1991 Tracy McEwan	2007 Molly Bullard	
Tobey McDonald	Dewey Moss	
Trevor Wagner		
Keith Veyna		
1992 Trevor Wagner - COCC	2008 Laura Mann	
Tracy McEwan - SU	Dewey Moss	
1993 Stephanie Palmer - Whitman	2009 Allison Howe	
Keith Veyna - COCC	Erik Anderson	
1994 Eric Carlson - Whitman	2010 Emma Beattie	
Stephanie Palmer - Whitman	Matt Bunston	
1995 Eric Carlson - Whitman	2011 Katie Ulvestad	
Stephanie Palmer - Whitman	Mike Bisnaire	
1996 Sarah Momsen	2012 Morgan Duffy	
Mike Craven - Whitman	Mike Bisnaire	
1997 Andy Olsson - Whitman	2013 Lily Eriksen	
Heidi Reifenstein - Whitman	Paul Koetke	
1998 Shauna Alyward-Whitman	2014 McKenna McNabb	
Andy Olsson-Whitman	Zachary Shenk	
1999 Shana Schweitzer-Whitman	2015 Brooke Wales	
Ben Ludlow-Seattle U	Paul Koetke	
2000 Jennifer Moss	2016 Clare Wise	
Arne Backstrom	Anton Waller	
2001 Lindsay Barksdale	2017 Mary Totten	
Arne Backstrom	Grant Hamlin	
2002 Julia Babilis	2018 Mary Totten	
Arne Backstrom	Lucas Underkoffler	
2003 Jennifer Zappone	2019 Callie Dahlberg	
Arne Backstrom	Male Not Awarded	
2004 Rachel Walker	2020 No Award Covid-19	
Paul Boskovich		
2005 Evan Weiss	2021 Not Awarded	
Cassie Marcial		

PNSA AWARD RECIPIENTS

COLLEGIATE NORDIC AWARD

Outstanding collegiate nordic competitor during the past year.

1990 Justin Wadsworth	2006 Laura Valaas	2020 No Award Covid-19
1991 Jeff Huseveldt	Sam Naney	2021 Novie McCabe
1992 Jeff Blumenthal - Albertson's	2007 Kristina Owen	2022 Novie McCabe
Corrine Clark - COCC	Darrin Markvardsen	2023 Novie McCabe
1993 Erika Alexander	2008 Zoe Roy	
1994 Zach Zestal	Dakota Blackhorse Von Jess	
Martha Pendl	2009 Sadie Bjornsen	
1995 Zach Zestal	Tom Smith	
Martha Pendl	2010 Casey Kutz	
1996 Koren Bell	Charlie Smith	
Zach Zestal	2011 Eloise Zimbelman	
1997 Peter French	Joe Madden	
1998 Alicia Fine-Morrison	2012 Isabella Smith	
Peter French	Casey Smith	
1999 Alician Fine-Morrison	2013 Sierra Foster	
Peter French	Patrick Madden	
2000 Kyra Hamilton	2014 Sierra Foster	
Calon Russell	Greg Holdman	
2001 Emily Chenel	2015 Helen Cutting	
Torin Koos	male - Not Awarded	
2002 Holly Brooks	2016 Emily Hyde	
Conor Flynn	male - Not Awarded	
2003 Laura Valaas	2017 Sierra Foster	
Brian Gregg	Imran Wolfenden	
2004 Emily Chenel	2018 female - not awarded	
Sam Naney	Andrew Potyk	
2005 Laura Valaas	2019 Emily Hyde	
Brian Gregg	male - Not Awarded	

FREESTYLE COACH AWARD

Outstanding Freestyle Coach

2010 Andrew Broders	2016 Ed Zontek	2022 Ben McKinley
2011 Not Awarded	2017 Matt Clune	2023 Not Awarded
2012 Johann Furr	2018 Not Awarded	
2013 Andrew Herr	2019 Not Awarded	
2014 Mandy Hansen	2020 No Award Covid-19	
2015 Drew Bryant	2021 Not Awarded	

FREESTYLE SKIER AWARD

Outstanding Freestyle competitors on and off the slopes during the past year.

2010 Isabella Golob	2015 Jake Mageau	2020 No Award Covid-19
Leif Harfst	Lady's not awarded	2021 Jack Mitchell
2011 Isabella Golob	2016 Kurt Zontek	2022 Jack Mitchell
Evan Smith	Lady's not awarded	2023 Jack Mitchell
2012 Sofia Abb	2017 Elyse Burandt	
Patrick Deneen	Male - not awarded	
2013 Mary Daubenschmidt	2018 Not Awarded	
Jake Mageau		
2014 Drew Waddle	2019 Not Awarded	
Lady's not awarded		

PNSA AWARD RECIPIENTS

SNOWBOARD COACH AWARD

2010 Coggin Hill

2011 Justin Schoonover

2012 Anson Morgan

2013 Sarah Jensen

2014 Not awarded

Outstanding Snowboard Coach

2015 Coggin Hill

2016 Coggin Hill

2017 Alex Scagliotti

2018 Not Awarded

2019 Not Awarded

2020 No Award Covid-19

2021 Not Awarded

2022 Not Awarded

2023 Not Awarded

SNOWBOARD RIDER AWARD

2010 Devyn Schnake

J.D. Dennis

2011 Brittany Williamson

Kent Callister

2012 Not Awarded

2013 Brittany Williamson

Nathan Jacobson

2014 Not awarded

2015 Dru Brownrigg

Lady's Not Awarded

2016 Not awarded

Outstanding Snowboard competitors on and off the slopes during the past year.

2017 Sean Fitzsimmons

Lady's not awarded

2018 Not Awarded

2019 Not Awarded

2020 No Award Covid-19

2021 Not Awarded

2022 Not Awarded

2023 Not Awarded

NORTHWEST SKIER AWARD

1972 Lee Englesby

1973 Jody Parcels

1974 Ross Houston

1975 Barbara Jo Jeannerett

1976 Scott Schimelfenig

1977 Pam Ausman

1978 Klev Schoening

1979 Jane Henry

1980 Jesse Scroggins

1981 Carma Quijano

1982 Yvette Pelletier

1983 Jamie Hanseler

1984 David Lyon

1985 Eric Heil

1986 Darcy Wahl

1987 Mark Tannel

1988 Trevor Wagner

1989

1990 Nicole Pelletier

Bart Thompson

Outstanding Junior both on and off the slopes

1991 Ruth Mahre

1992 Jason Taylor

1993 Kevin Eichner

1994 Not Awarded

1995 Katey Maher-Melson

1996 Tove Pashkowski

Tom Rothrock

1997 Shauna Aylward

1998 Trevor Glaser

1999 Kevin Francis

2000 Lindsey Shank

2001 Kevin Francis

2002 Polly Hopkins

2003 Ryan Donovan

2004 Laurene Ross

2005 Tommy Ford

2006 Kelly Fitzpatrick

2007 Christina Schueler

2008 Hannah Stumpp

2009 Brooke Wales

2010 Clare Wise

2011 McKenna McNabb

2012 Macaulay Lyon

2013 Cai Yamamoto

2014 Michel Macedo

2015 Hannah Bodily

2016 Hannah Bodily

2017 Tess Baldwin

2018 Zach Simmons

2019 Alexi Panos

2020 No Award Covid-19

2021 Zac Holton

2022 Geneva Grube

2023 Christian McCourtie

PNSA AWARD RECIPIENTS

BEST NORTHWEST CUP RACE

An award given annually to the Ski Club & Ski Area hosting the Best Northwest Cup Race during the series as voted by the Elite racers.

1974 Engen Cup Payette Lakes Ski Club Brundage Mountain	1986 Carrera Motors GS Mt Bachelor Ski Area	2001 MHA
1975 Skookum Cup Mission Ridge Ski Club Mission Ridge Ski Area	1987-1991 NW Cup Finals MBSEF-Mt Bachelor Ski Area	2002 Not Awarded
1976 Sun Cup Skyliners Ski Club Mt. Bachelor Ski Area	1988 Northwest Cup Fianls Skyliners Mt. Bachelor Ski Area	2003 Not Awarded
1977 Edelweiss Trophy Alpental Ski Club Alpental Ski Area	1989 Mt. Bachelor Ski Educ. Found. Mt. Bachelor Ski Area	2004 Not Awarded
1978 Hood RT FIS Mt. Hood Race Team Multorpor Ski Bowl	1990 Mt. Bachelor Ski Educ. Found. Mt. Bachelor Ski Area	2005 Not Awarded
1979 Hood RT FIS Mt. Hood Race Team Multorpor Ski Bowl	1991 Mt. Bachelor Ski Educ. Found. Mt. Bachelor Ski Area	2006 NW Cup Q1 Schweitzer Alpine Race Club
1980 Hood RT FIS Mt. Hood Race Team Multorpor Ski Bowl	1992 ?	2007 Not Awarded
1981 Skookum Cup Mission Ridge Ski Club Mission Ridge Ski Area	1993 ?	2008 Not Awarded
1982 Ridge Runner Mission Ridge Ski Club Mission Ridge Ski Area	1994 Northwest Cup Finals McCall Ski Race Team Brundage Mtn.	2009 Not Awarded
1983 Skookum Cup Mission Ridge Ski Club Mission Ridge Ski Area	1995 Mission Ridge Ski Club Mission Ridge, WA	2010 Not Awarded
1984 Sam's Slalom Mt. Spokane Ski Area	1996 MBSEF Mt. Bachelor Ski Area, OR	2011 MBSEF Sun Cup Mt Bachelor Resort
1985 Alpental NW Cup Finals	1997 Outerlimits Meadows Race Team Mt. Hood Meadows, OR	2012 MRST NW Cup Finals Mission Ridge Resort
	1998 Sun Cup MBSEF Mt Bachelor Ski Area	2013 Not Awarded
	1999 Sun Cup MBSEF Mt Bachelor Ski Area	2014 MRST NW Cup Finals Mission Ridge Resort
	2000 JO Qualifier MHA Ski Bowl	2015 Not Awarded
		2016 MBSEF Sun Cup
		2017 Not Awarded
		2018 Not Awarded
		2019 Not Awarded
		2020 No Award Covid-19
		2021 Northwest Cup Finals MBSEF - Mt. Bachelor Ski Area
		2022 MBSEF Sun Cup
		2023 MBSEF Sun Cup

NORTHWEST CUP TEAM OVERALL WINNER

1980 Crystal Mtn Alpine Club	1998 Mt Bachelor Sports Ed Fnd	2006 Mt Bachelor Sports Ed Fnd
1981 Mission Ridge Ski Club	1999 Mt Bachelor Sports Ed Fnd	2007 Crystal Mtn Alpine Club
1982 Crystal Mtn Alpine Club	2000 Mt Bachelor Sports Ed Fnd	2008 Crystal Mtn Alpine Club
1983 Mission Ridge Ski Team	2001 Mt Bachelor Sports Ed Fnd	2009 Schweitzer Alpine Racing School
1984 Crystal Mtn Alpine Club	2002 Mt. Hood Academy	2010 Crystal Mtn Alpine Club
1985 Crystal Mtn Alpine Club	2003 Mt. Hood Academy	2011 Crystal Mtn Alpine Club
1986 Crystal Mtn Alpine Club	2004 Team Alpental Snoq.	2012 Mission Ridge Ski Team
1987 Mission Ridge Ski Team	2005 Team Alpental Snoq.	2013 Mission Ridge Ski Team
1988 Mission Ridge Ski Team	2006 Mt Bachelor Sports Ed Fnd	2014 Mission Ridge Ski Team
1989 Mt Bachelor Sports Ed Fnd	2007 Crystal Mtn Alpine Club	2015 Mt Bachelor Sports Ed Fnd
1990 Mt Bachelor Sports Ed Fnd	2008 Crystal Mtn Alpine Club	2016 Mt Bachelor Sports Ed Fnd
1991 Mt Bachelor Sports Ed Fnd	2009 Schweitzer Alpine Racing School	2017 Mt Bachelor Sports Ed Fnd
1992 Mt. Hood Academy	2010 Crystal Mtn Alpine Club	2018 Mt Hood Race Team and Academy
1993 Mt. Hood Academy	2011 Crystal Mtn Alpine Club	2019 Mt Bachelor Sports Ed Fnd
1994 Mt. Hood Academy	2012 Mission Ridge Ski Team	2020 Crystal Mtn. Alpine Club
1995 Mt. Hood Academy	2013 Mission Ridge Ski Team	2021 Crystal Mtn. Alpine Club
1996 Mt. Hood Academy	2014 Mission Ridge Ski Team	2022 Crystal Mtn. Alpine Club
1997 Mt. Hood Academy	2015 Mt Bachelor Sports Ed Fnd	2023 Mt. Hood Race Team & Academy

PNSA AWARD RECIPIENTS

SALLIE McNABB AWARD *Northwest Cup Downhill Champion*

1996	Debbly Russell	2006	Ciera Glenn/Eric Holmer/Kevin Francis
	Brian Hanseth	2007	Morgan Black/Skyler Weaver
1997	Chrissy Haas	2008	Robbie Mahre/Nicole Lawton
	Doug Ludlow	2009	Jordan Schweitzer/Skyler Weaver
1998	Jamie Holts	2010	Jordan Schweitzer/Dillon Bauernfeind
	Eric Holmer	2011	Lily Eriksen/Averell Rennie
1999	Lindsay Davis	2012	Kyla Miller/Carl Noges
	Kevin Francis	2013	Phoebe Rogers/Nicholas Wurden
2000	Hailey Habenicht	2014	Katie Hensien/Alec Jones/Andrew Osborne/Danny O'Neal
	Kurt Mehrer	2015	Alexandria Oseland / Andrew Osborne
2001	Christina Kim	2016	Ashley Lodmell/Alexandria Oseland/Tanner Lujan
	Brian Long	2017	Ashley Lodmell, Zachary Simmons
2002	Courtney Hammond/Cory Hume	2018	Josie Knight/Evie Wright/Kristopher Westman
2003	Christina Kim/Eric Holmer	2019	Emma Ireton/Tanner Lujan
2004	Laurenne Ross/Cory Hume	2020	Josie Knight/Tyler Larson/Cale Westman
2005	Eric Holmer/Kevin Francis	2021	Not Awarded - No DH Races
	Laurenne Ross	2022	Shea Hasselbach / Thomas Sickler
		2023	Sophia Falter / Cooper Kirchmeier

Masters Sub-Committee Scholarship

2008	Brooke Wales	2014	Jordan Harrison	2021	Annaliese Frohlich
	David Owsley		Alec Jones		William Dexter
2009	??	2015	Not Awarded	2022	Alice Bouchard / Tyler Howell
	??	2016	Emma Ireton	2023	
2010	Vanessa Berther		R Minam Cravens		
	Scott Snow	2017	Tess Baldwin		
2011	??		Tanner Lujan		
	??	2018	Tess Baldwin		
2012	Linnea Baysinger		Trevor Maxwell		
	Cai Yamamoto	2019	Teegan Lowe		
2013			Zach Simmons		
	Elyse Burandt	2020	Taylor Watkins		
	Michael Estrella		Sam Hislop		

PNSA AWARD RECIPIENTS

JANE HENRY SCHOLARSHIP (Tuition) PNSEF *(female competitor)*

1979 Betsy Greer	1998 Brenna Knowles / Meghan Pinch	2018 Olivia Colton / Lydia Youkey
1980 Jill Murray	1999 Erin Quinn-Hurst / Jamie Holts / Kelcey Rhodes	2019 Lili Bouchard
1981 Dana Droste	2000 Brenna Knowles / Erin Quinn-Hurst	2020 Amy Farley / Sarah Kilroy
1982 Yvette Pelletier	2001 Ashley Scott / Lindsay Shank	2021 Taylor Watkins
1983 Monica Jarmer	2002 Holly Brooks / Polly Hopkins	2022 Sophie Corkran
1984 Sara Ringle	2003 Molly Bullard / Alex Otto	2023 Bridget Burns
1985 Darcy Bryne	2004 Courtney Saario / Alex Otto	
1986 Kathy Gans	2005 Courtney Nova	
1987 Darcy Wahl	2006 Gretchen Glaser / Kaley Ann Bjornsen	
1988 Johanna Burandt / Katie Horner	2007 Christina Schueler / Cierra Glenn	
1989 Tracy McEwan	2008 Megan Thees / Jamie Devin	
1990 Shuska Drescher	2009 Kelly Fitzpatrick / Hannah Stumpp	
1991 Nicole Pelletier	2010 Katie Ulvesatd / Allison LaRock	
1992 Jackie Klind	2011 Sarah Mackenzie / McKenna McNabb	
1993 Liz Watkins	2012 Kiera Degener-O'Brien / Lisa Koetke	
1994 Not Awarded	2013 Alexandria Littlefield / Alyson Mat	
1995 Kristy Parcher / Katey Maher-Melson	2014 Kathleen Daly-Jensen / Emma Malmquist	
1996 Megen Johnson	2015 Makaela Bielaski / Hannah Bodily / Emily Hyde	
1997 Christina Haas	2016 Hannah Bodily / Alexandria Oseland / Mackenzie Price	
1997 Jennifer Moss	2017 Ashley Lodmell	

R. DEAN PALMER SCHOLARSHIP (Tuition) PNSEF *(male competitor)*

1991 Trevor Wagner	2005 Brandon Cramer/Marc Nabelek	2020 Tyler Larson
1992 Not Awarded	2006 Ryan Farmin	2021 Jack Conde
1993 Brian Roberts	2007 Jeff Bayley	2022 Zachary Jayne / Demitri Panos
1994 Casey Smith	2008 Tom Smith/Case Parker	2023 Kyle Larson
	2009 Cade Yamamoto / Brice Bielaski / Ross Wardrop	
1995 Curtis Haynie	2010 Arrol Bryant	
1996 Scott Macartney	2011 Ben Corwin	
1997 Dane Kerby	2012 Max Christman, Andy Su / Cai Yamamoto	
1997 Todd Pita	2013 Max Millslagle / Scott Snow	
1998 ?		
1999 Tyrone Dinneen / Erik Makinson / Scott Macartney	2014 Cai Yamamoto	
	2015 Gunnar Lundteigen / Zebediah Millslagle / Ruben Castren	
2000 Josh Smullin	2016 Nathan Gunesch / Ian McCarthy	
2001 Naomi Sheffield/Chelsea Shultz	2017 Tom Schoderbek	
2002 Kevin Francis		
2003 Brian Gregg / Chad Gregg / Kevin Makinson	2018 Albert Hesse / Sam Schoderbek	
2004 Brian Gregg/Don Brockett	2019 Alexi Panos / Minam Cravens	

PNSA AWARD RECIPIENTS

BRUCE W. HOLYOKE SCHOLARSHIP (Tuition) PNSEF

This award is presented to an active member of the PNSA who has contributed to the program by their continuous dedication to ski racing. The award is made in the form of tuition payments to an institute of higher learning.

1977 Jody Parcels	2000 Isaac Smith	2014 Kate Morrell / Ed Broberg
1978 Cathy & John Evans	2001 Katie Hopkins/Megen Johnson	2015 Not Awarded
1979 Tony Woods	2002 Katie Hopkins	2016 John Ellis / Chris Loewy
1980 Doug Wolford	2003 Seth Tinker	2017 Not Awarded
1981 Klev Schoening / Geof Bowser	2004 Chuck Holcomb	2018 Ali Gunesch
1982 Tim Gibbons	2005 Keri Marino	2019 Ali Gunesch
1983 Chris Shaw	2006 Adrienne Snow/Jennifer Holcomb	2020 Alexi Panos
		2021 Katy Loewy / Lauren Asher / Madeline Stern / MHSEF (Karen Lundgren)
1984 Karl Ney	2007 Heather Brooks / Chris Loewy	2022 Not Awarded
1985 Claudia Ney	2008 Heather Brooks	2023 Dusty Hanchett
1986 Randy Jassman	2009 Mark Harley Archer	
1987 Randy Rogers	2010 Not Awarded	
1988 Robin Duberow	2011 T.J. Owen	
1989 Alby Dean	2012 Evan Weiss	
1990 Mary Gunesch / Alby Dean	2013 Dan Henry	
1991 Randy Rogers	2014 Kate Morrell / Ed Broberg	
1992 Alby Dean	2015 Not Awarded	
1993 Not Awarded	2007 Heather Brooks / Chris Loewy	
1994 Judith Arvidson	2008 Heather Brooks	
1995 Scott Pita	2009 Mark Harley Archer	
1996 Jacques Berther	2010 Not Awarded	
1997 Louis Otto	2011 T.J. Owen	
1998 Scott Pita / Rob Espenel	2012 Evan Weiss	
1999 Scott Pita	2013 Dan Henry	

QUARTER CENTURY AWARD *For attendance at 25 consecutive Conventions.*

1973 Ken Comfort	1986 Dick Porter	2012 Derek Crick
1974 Walt Hampton & Karl Stingl	1989 Diane Hicks	Terry Critchlow
1975 Nelson Bennett	1990 Ingrid Simonson	Jeff Kray
1978 David Elie	Shirley & Dave Newton	Monica Struthers
1981 Graham Anderson	2006 Bill Gunesch	Crystal Mountain Alpine Club
1982 Max Meyring & Morry Scott		2016 Roger Root

PRESIDENT'S AWARD

1983 Dr. Robert Kim	1992 Not Awarded
1986 Jackie Davis	1993 Not Awarded
1989 Faris Taylor	1994 Not Awarded
Ken Foster	1995 Faris Taylor
1990 Rob Crick	2006 TJ Owen
Bill Gunesch	2010 Nancy Harrison
Carol Wilkerson	Merrily Ludlow
1991 Dan Bates	Claire Kindley
Russ Read	Clyde Makinson
Inland Empire Nordic Club	2011 Maureen Hammond

Ingrid Simonson Lifetime Achievement Award (Est 2008) *For long-standing service above and beyond the call.*

2008 Ingrid Simonson
2015 Dr. Lester Keller

APPENDIX 2

PNW Quotas and Selection Deadlines

ALPINE

Automatic Quotas

For the Western Region U16 Championships, athletes who attend the Seven Nations Cup may be entered as automatics by the Region. These athletes do not count against a division's quota and will be randomly seeded after the 1st seed.

WR FIS Elite Series:

Western Region names automatics to the WR FIS Elite races. The WR FIS Elite series races will not have expanded divisional quotas. The Elite Series quotas are managed and filled by Western Region. There is no PNW Quota for the Elite Series.

WR FIS Devo Series:

Both Open and Qualifier Devo Series races will include all PNW athletes (including WR automatics) in the Quota. The WR FIS Devo series may have expanded divisional quotas, as announced by the WR Director.

WR Championship Series:

There are no automatics to the Western Region U18-21 or U14 Championships competitions.

PNW Quotas

PNW will fill divisional quotas to Western Region Devo FIS, Western Region U18-21, U16 and U14 Championships competitions according to the rules and procedures set forth in the PNSA Selection Procedures section of this manual. The final two quota spots to regional races are reserved for discretionary selection.

Date	Event	Location	Intent Deadline	National List	PNSA Quota
<u>FIS Elite Series</u>					
Jan. 11 - 26	Tech Series	UOP/Snowbird	Dec. 28	List 11	
*Feb. 2 - 6	Speed Series	Schweitzer	Jan. 15	List 14	21M / 23L
Feb. 17 - 20	Tech Series	Snow King	Feb. 7	List 16	
Apr. 14 - 17	Tech Series	Palisades Tahoe	Mar. 25	List 19	
<u>FIS Open Series</u>					
Dec. 12 - 15	Tech Series	Snow King (Qualifier)	Dec. 2	List 10	16M / 23L
Jan. 25 - 28	Tech Series	Palisades Tahoe (Qualifier)	Jan. 10	List 13	16M / 23L
Mar. 24 - 28	Tech Series	Sun Valley (Open)	Mar. 12	List 18	16M / 23L
Apr. 8 - 13	Speed Series	Mammoth	Mar. 20	List 19	21M / 23 L
<u>Regional Championships</u>					
Mar. 3 - 8	WR U18-21. Champs	Stevens Pass	Double Board	List 17	24M / 26L
Mar. 18 - 22	WR U16 Champs.	Alyeska	WC Pts Board		21M / 19L
Mar. 20 - 24	WR U14 Champs	Grand Targhee	WC Pts Board		16M / 15L

See PNW Selection Procedures (Chapter 9) for specific event selection criteria.

*Elite Series/SG Qualifier for U18 National Championships. PNW will have a divisional quota for this series.

PNW Alpine Place Points Systems

"New" World Cup Points

1st place	100 points	11th place	24 points
2nd "	80 "	12th "	22 "
3rd "	60 "	13th "	20 "
4th "	50 "	14th "	18 "
5th "	45 "	15th "	16 "
6th "	40 "	16th "	15 "
7th "	36 "	.	.
8th "	32 "	.	↓ .
9th "	29 "	.	.
10th "	26 "	30th "	1 point

Buddy Werner Team Scoring Place Points

1st place	1 point	5th place	5 points
2nd "	2 points.	6th "	6 points
3rd "	3 points.	etc.	
4th "	4 "		

2023-24 Alpine Points List Dates

List	National Close	National Valid	FIS Close	FIS Valid	Masters
Base List		July 1		July 1	
List 1	July 15	July 15	July 1	July 1	Nov 01
List 2	July 16	July 20	July 16	July 20	Dec 01
List 3	July 30	Aug 3	July 30	Aug 3	Jan 01
List 4	Aug 13	Aug 17	Aug 13	Aug 17	Feb 01
List 5	Aug 27	Aug 31	Aug 27	Aug 31	Feb 20
List 6	Sept 10	Sept 14	Sept 10	Sept 14	March 01
List 7	Sept 24	Sept 28	Sept 24	Sept 28	April 01
List 8	Oct 8	Oct 12	Oct 8	Oct 12	
List 9	Oct 22	Oct 26	Oct 22	Oct 26	
List 10	Nov 5	Nov 9	Nov 5	Nov 9	
List 11	Nov 19	Nov 23	Nov 19	Nov 23	
List 12	Dec 3	Dec 7	Dec 3	Dec 7	
List 13	Dec 17	Dec 21	Dec 17	Dec 21	
List 14	Dec 31	Jan 4	Dec 31	Jan 4	
List 15	Jan 14	Jan 18	Jan 14	Jan 18	
List 16	Jan 28	Feb 1	Jan 28	Feb 1	
List 17	Feb 11	Feb 15	Feb 11	Feb 15	
List 18	Feb 25	Feb 29	Feb 25	Feb 29	
List 19	March 10	March 14	March 10	March 14	
List 20	March 24	March 28	March 24	March 28	
List 21	April 7	April 11	April 7	April 11	
List 22	April 30	May 1	April 30	May 1	
List 23	June 1	June 1			

Most lists close on a Sunday and are valid the following Thursday. For FIS, to have results included on the next list, they must be processed and validated by Monday evening after the closing so the list can be run Tuesday in Europe. For U.S. Ski & Snowboard, to have results included on the next list, they must be processed by Tuesday at noon MST after the closing. Late results will be published to the next valid list after they are processed and validated. All results should be submitted within 24 hours after the completion of the event to allow time for processing and corrections if necessary.

APPENDIX 3

PNW Race Administrator Contact List

Club contacts for US Ski and Snowboard / College / YSL races:

CLUB/PERSON	ADDRESS	CITY	STATE	ZIP	PHONE	EMAIL
CMAC / MOLLY DENNEHY	10344 44 TH AVE NE	SEATTLE	WA	98125	206-714-5025	RACEADMIN@CMACSKIRACING.COM
FAST / KRISHA CHARBONNEAU	PO Box 166	CHEWELAH	WA	99109	509-868-3541	KCHARBONNEAU@SKI49N.COM
LPRT / JEN MCCANN	PO Box 2128	COEUR D'ALENE	ID	83816	509-951-5506	JEN-MCCANN@OUTLOOK.COM
LOUP / INGRID PATTERSON	PO Box 246	TWISP	WA	98856	509-997-7030	LOUPSKITEAM@GMAIL.COM
MBSEF ALPINE/TERESA CRAVENS	2765 NW LOLO DR	BEND	OR	97703	541-419-1933	RACEINFO@MBSEF.ORG
MBSEF NORDIC/REITLER HODGERT	2765 NW LOLO DR	BEND	OR	97703	541-550-9255	REITLER@MBSEF.ORG
MHRITA / SETH MCCADAM	2149 CASCADE, STE 106A, PMB 50	HOOD RIVER	OR	97031	541-944-8827	RACEADMIN@MHSEF.ORG
MRST / CHIP McELEARNEY	25 N WENATCHEE AVE, STE 112	WENATCHEE	WA	98801	206-786-2266	RACEADMIN@MRST.US
MRT / RACE ADMINISTRATOR	2149 W CASCADE AVE, STE 106A-207	HOOD RIVER	OR	97031	541-490-9104	RACEADMIN@MEADOWSRACETEAM.ORG
MSSRT / DAN HENRY	PO Box 678	SPOKANE	WA	99210	425-232-5482	DANMSSRT@GMAIL.COM
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NWCSC / RALPH BLAKELY					206-718-9415	RHBLAKELY@HOTMAIL.COM
PVNT / CHRISTIE SAUGEN	215 LOIS LANE	PLAIN	WA	98826	509-888-7798	DIRECTOR@SKIPLAIN.COM
SARS / JAMIE LANDWEHR	PO Box 63	SANDPOINT	ID	83864	208-946-7859	RA@SARS.NET
SPAC / JASON COHEN	10597 TITUS RD	LEAVENWORTH	WA	98826	360-376-4611	RACEADMIN@SPACRACING.COM
SPOKANE NORDIC / COLIN QUINN-HURST	PO Box 501	SPOKANE	WA	99210	541-306-0837	COLINQH@GMAIL.COM
SPARC / DEAN TONKIN	PO Box 1068	SNOQUALMIE PASS	WA	98068	206-300-1928	DTONKIN@SUMMITI90.COM
TARP / GABRIEL BERTELL	483 SW RIVERBEND DR	WEST LIND	OR	97068	503-608-5698	TIMBERLINEALPINERACEPROGRAM@GMAIL.COM
TAS / DANASUE KUSAKABE	PO Box 85193	SEATTLE	WA	98145	425-985-6875	TASCOACH@GMAIL.COM
TLNC / KELLY RYAN	1767 12 TH STREET #363	HOOD RIVER	OR	97031	503.816-5912	KELLY@TEACUPNORDIC.ORG
WPSC / JORDAN DEYOUNG	48935 US HWY 12	NACHES	WA	98937	509-759-3011	LC@SKIWHITEPASS.COM

CLUB CONTACTS FOR MASTERS RACES:

CLUB/PERSON	ADDRESS	CITY	STATE	ZIP	PHONE	EMAIL
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FAST / DAN HOLMAN	PO Box 166	CHEWELAH	WA	99109	509-999-7723	DAN99214@GMAIL.COM
LPRT / CASEY HATFIELD	PO Box 335	OSBURN	ID	83849	208-512-0112	LISETTEFEY@COMCAST.NET
MBSEF / TERESA CRAVENS	2765 NW LOLO DR	BEND	OR	97703	541-419-1933	RACEINFO@MBSEF.ORG
MT HOOD SKI BOWL/JOHN OREFICE	1001 Y ST	VANCOUVER	WA	98661	360-518-4123	JOHN@LANDSCAPEMGMT.COM
SARS / JAMIE LANDWEHR	PO Box 63	SANDPOINT	ID	83864	208-946-7859	RA@SARS.NET
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SPARC / DEAN TONKIN	PO Box 1068	SNOQUALMIE PASS	WA	98068	206-300-1928	DTONKIN@SUMMITI90.COM
SPARC / MEGAN RASMUSSEN	PO Box 1068	SNOQUALMIE PASS	WA	98068	206-300-1928	

APPENDIX 4

U14 Selection Process to NWC Finals

U14 Selection to NWC Finals:

1. Quota--20 men / 20 women
2. All Men / Women selected for the WR U14 Championship Team are selected.
3. Additional quota filled directly by results from U14 Series (U14 Regional Qualifiers) and EC/U14 Finals. The best three runs per discipline will be used from the EC Finals and U14 Series for qualification. Athletes must compete in the Evergreen Cup Finals to be placed on the board.

Selection Method:

Single selection board using new world cup points with same point values per event as awarded in the U14 championship qualifying series. See the single point selection board example in the PNW comp guide.

Board eligibility:

1. Racers must be licensed and in good standing of US Ski and Snowboard and PNW
2. Racers must be U14 age class.
3. Racers in violation of the US Ski and Snowboard or PNW code of conduct policy will not be placed on the board.
4. Athletes must compete in the Evergreen Cup/U14 Finals.

Alternate list:

The alternate list will have no limitations and all efforts will be made to fill the quota.

U14 Selection Announcement:

Selected athletes and alternate athletes will be selected after the completion of the EC/U14 Series Finals and after the U14 working group members have validated the selection.

Seeding of U14s at the NWC Finals qualifying Race:

Seeding will be by National Points

Qualification Scoring:

Based on New World Cup Points. Scoring totals an athlete's best 50% (rounded up) of the individual race runs (not combined runs) in each event.

--3 SL race = 6 race runs = 3 best runs scored

--3 GS race = 6 race runs = 3 best runs scored

--4 SG race = 2 best runs scored

NOTE: If the Evergreen Cup/U14 Finals is unable to take place, then results from the U14 Qualifying series will be used for selection. In this instance the current qualifying list for U14 Champs will be used to fill all quota spots.

EXAMPLE: if only one run of SL or GS is completed during the qualifying event then that single run will determine the list of qualifying athletes to NWC Finals.



Pacific Northwest Ski Association

A Division of US Ski and Snowboard

PNW Code of Conduct for Athletes

All PNW competitors at all levels of PNW racing, and when representing PNW as part of an official team or as an individual shall adhere to the following Code of Conduct Policies:

- [US Ski and Snowboard Code of Conduct](#)
- [US Center for Safesport Code/MAAAP](#)
- [Western Region Code of Conduct](#)
- [PNW Code of Conduct](#)
- Individual Member Club Code of Conduct Policies (for your home club)

As an athlete representing PNW, while on a PNW sponsored trip I will:

- 1) Treat fellow competitors, coaches and officials with respect and consideration for their health, safety and emotional well-being.
- 2) Abide by the rules of competition.
- 3) Respect the role of race officials, volunteers, and spectators.
- 4) Respect the guidance of coaches and follow the coaches' directions.
- 5) Refrain from behavior that is disruptive, disrespectful, or damaging to PNW's reputation.
- 6) Dress appropriately and refrain from the use of clothing that contains endorsements for alcohol, tobacco or illegal drugs.
- 7) Commit no criminal acts.
- 8) Refrain from personal cell phone use during team activities
- 9) Refrain from the use of banned substances in racing and training (See USOC list of banned substances).
- 10) Abstain from the use and/or possession of illegal drugs, alcohol and tobacco products.

I understand that if I violate one or more of these codes of conduct during a PNW trip / project I will be subject to punishments ranging from verbal warnings to exclusion from team functions or being sent home at my own expense.

Violations of the Codes of Conduct noted above may give rise to sanctions to be imposed by the competitor's sponsoring organization, PNW, and U.S. Ski & Snowboard. It is PNW's philosophy that immediate resolution of any violation best serves all parties involved. It is the goal of PNW to complete a speedy and factual determination of any violations. Whenever possible an on-site resolution is preferred so that all involved can move forward. None of this should interrupt the need for due process for everyone involved.

[SafeSport violations or concerns are outside of the purview of PNW and should be reported and resolved via the SafeSport on-line system.](#)

By signing my name below, I indicate that I have read, understand, and agree with this code of conduct.

Print Athlete Name _____

Athlete Signature _____ Date _____

Parent Signature _____ Date _____

Parent Signature _____ Date _____ 1329 Section



Pacific Northwest Ski Association

A Division of U.S. Ski & Snowboard

2023-24 PNW BOARD OF DIRECTORS

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BOD COMMITTEE LIST

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2023 - 24 PNW ACC Roster

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U14 SUB-COMMITTEE CHAIRPERSON	MATT MORRELL
U16 SUB-COMMITTEE CHAIRPERSON	MIKE GRAVES
U18-21 SUB-COMMITTEE CHAIRPERSON	JAMIE LANDWEHR

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U16	ALAN LAUBA, NILS ERIKSSON
U14	CHUCK HOLCOMB, DANA KUSAKABE
U12	DUSTY HANCHETT, CHLOE LAVELLE

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KELLY RYAN

ALL PNSA MEMBER CLUBS, WHO HAVE PAID THEIR DUES AND ARE NOT REPRESENTED BY A COMMITTEE CHAIR, WILL HAVE ONE AT-LARGE NCC MEMBER.