



Western Region 2023
U14 Spring Project, Palisades Tahoe CA, USA
Announcement

Project: Western Region U14 Spring Project Palisades Tahoe California

Dates: (Arrival April 16th) On-Snow April 17th – 20th, 2023.

Join Zoom Meeting: First Zoom meeting 4.16.23 @ 7pm, All other meetings @ 5pm/

<https://uskiandsnowboard-org.zoom.us/j/6177741162?pwd=eWdTRCtnaXBtcTA2SmZReTVRb2ZGdz09>

Meeting ID: 617 774 1162

Passcode: 123456

One tap mobile

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+12532158782,,6177741162#,,,,*123456# US (Tacoma)

Project Overview: The purpose of this project is to align a contact point within the Western Region that can assist our U14 athletes that are progressing through their divisional competitions by collectively working together in a training environment with the U14 age group.

Project Leader: Jeff Pickering, USSS, Western Region Development Coach, Jim Hudson (TPT) will lead the project. Marco Sullivan (TPT & US Ski Team Alumnus) will assist Western Region along with coaches from all five divisions. Additional United States Ski Team and Alumni will be on site to share experiences with the next generation of athletes.

What to expect: An environment that brings top U14 Western Region athletes and coaches together for the first time this season to a World Class venue, to refine and improve upon tactical and technical aspects and gain personal confidence as they move forward. The training environments are designed to be a progression in GS tactics and technique and a variety of speed elements. We will have a total of 6 groups, 3 Women & 3 Men. Groups will be led by their Divisional staff's. Athletes will be introduced to station training early on, then move into section training then connecting the course's with terrain & Jumps.

What to bring: GS & SG equipment (including a back protector) water bottle, all weather clothing, small note pad, athletic attire, homework and face covering.

Selection Method: Upon the completion of each division's final qualifiers Divisional Managers will notify Program Directors & Coaches of their division's selection. Each division will assign staffs to attend the project. The selection method is per each respective divisions policies (U14 only). **Divisional Managers please submit your names to Troy Price no later than Wed April 5th.**

Project Size: 45 Women - 45 Men

Divisional Quotas:

- FW W 17 - M 15
- IMD W 12 - M 12
- PNSA W 8 - M 10
- AK W 4 - M 4
- ND W 4 - M 4

- **Project Fee: \$285** (excludes lift tickets - see information, below) Please pay fees at my.uskiandsnowboard.org. You must change DIVISION to FAR WEST to find the project. **Includes:** Venue build & maintenance, WR Staff fees, project fee and project souvenir **Excludes:** Lift tickets, travel, lodging, meals and Divisional fees.

All Athletes except for Team Palisades Tahoe and Alpine need to sign the ezwaiver. Release of Liability forms can be filled out online <http://www.ezwaiver.com/PT> Select ACTIVITIES when filling out the online Liability form. Only one release is required for the season for Palisades Tahoe (Olympic valley) and Alpine Meadows races. Signed Liability Release are due by April 14, 2023

Lift Tickets: \$25 per day for U14 Athletes (IKON passes will be honored)

Lift Ticket Link: Expires April 14, 2023 5:00pm

<https://inntopia.travel/Ecomm/Package/Package/9647939/en-US/?packageid=70022&promocode=U14WRP23>

Lodging Links:

Granlibakken Tahoe at Tahoe City

<https://granlibakken.com/> 530.583.4242

River Ranch:

Riverranch.com 530.583.4264

Village at Squaw

The Village at Palisades Tahoe 1-800-403-0206

<https://book.palisadestahoe.com/Ecomm/Package/Package/9647939/en-US/?packageid=68156&promocode=LIFT23>

Note to Parents, Athletes and Coaches: All athletes attending **must** be represented by attending Divisional Staff attending. An over-arching theme for this project will be focused on team building and getting to know one another as Western Region. This is how we will continue to work and progress successfully now and in the future.

This project is a day camp model. All lodging and transportation will be with parents or with clubs. Communication will be critical. Note: We will be training at the highest point of the mountain. Athletes will be bringing GS/SG skis up daily. Plan to prepare your own lunch, snacks and water for the hill. We will not be returning to the base area for lunch.

Sincerely,

Pick & Jim Hudson, Troy Price & Jo Abbott

Jeff Pickering USSS, Western Region Development Coach

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